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# The Carolinian



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Dedicated to the Spirit  
and Service of God

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## August Is Black Biz Month

By Dr. Joy Martinez

Staff Writer

August is National Black Business Month, a time when individuals and businesses recognize Black-owned businesses across the country. This month of recognition began in 2004 when Frederick E. Jordan, an engineering entrepreneur, teamed up with John William Templeton, president and executive editor of eAccess Corp - a scholarly publishing company.

Developing and supporting Black-owned businesses only happens when we know about them. Within the pages of *The Carolinian*, Black entrepreneurs and their products and services

are featured in every issue in multiple ways. Knowledge is power and a key to disrupting income inequality.

The residual effects of slavery and later Jim Crow laws feed the systemic inequality Black families face today. According to *The Economic State of Black America in 2020* published by Congressman Don Beyer (D-VA), the median wealth held by Black families began this decade at \$17,000. That's in contrast to \$171,000 held by White families—

a ratio of 10 to one. Historically, Black unemployment has been twice that of White workers and wage disparity affects generations, as Black children are three times as likely to live in poverty as White children.

Individuals and neighborhoods can take action and invest in their community's Black businesses. In Charleston, South Carolina, writer, activist, and innovator KJ Kearney noticed the COVID-19 pandemic was forcing Black-owned restaurants to shut their doors. He began tweeting suggestions to his followers to go support, but that wasn't enough for the serial entrepreneur. Kearney took his movement to Instagram, dubbing it

"Black Food Fridays" and soon people started reaching out, not just from Charleston, but across the country, looking for a way to help and a way to share information about other businesses that needed help.

What began as a social media movement developed into another Black-owned business aimed at directing peoples' attention and pocketbooks to Black-owned restaurants everywhere. In May 2022, Black Food Fridays became a James Beard Award-nominated social media advocacy initiative.

Black entrepreneurship represents more than just owning a business and pursuing the proverbial American Dream. Instead, the ability for Black people to participate in local, regional, and global markets represents a deliberate retrieval of dreams deferred by systemic racism and discrimination. It also represents an opportunity to serve the community with care and contextual knowledge.

While all businesses are experiencing the weight of high inflation rates, labor shortages, supply scarcities, and inflated prices, 60 percent of Black small business owners have increased the prices for products or services in comparison to 68 percent of the overall population of business owners according to new data released from Goldman Sachs.

Large corporations have publicly committed many billions to support Black businesses and communities, but most aren't organically connected to Black people or localities.

Research from the Urban Institute confirms Black entrepreneurs' lack of access to startup capital, and lack of access to business networks, influences industry selection and geographic markets. In other words, a Black American company has their neighborhood as the site of most of their business transactions, and thus is connected to a willingness to serve a community as well as restricted markets.

Just 4 years ago, census data showed Black-majority neighborhoods as home to over 3 million businesses. A Brookings analysis found that businesses owned by people of color in Black neighborhoods score as high or higher on consumer ratings, but get less revenue as the concentration of Black people increases in a ZIP code. This suggests dodging purchasing in Black neighborhoods cost these high-quality businesses upwards of \$4 billion a year. That's billions - with a B.

We can talk about income inequality and its historical link to slavery, or we can buy Black, invest in our neighborhoods and communities and create generations of wealthy Black families.



Alliance Medical Ministry is giving its heart to the community by addressing the health of the community it serves. Read more on page 9

## HBCyoU Dolls On Sale At Target Created By Hampton Univ. Alumna



A Hampton University graduate is inspiring the next generation of HBCU pride through her new line of HBCyoU Dolls, which can now be found lining shelves at select Target stores and online.

HBCyoU founder Brooke Hart Jones partnered with prominent Black-owned toy company Purpose Toys to release the collection of three 18-inch dolls with natural hairstyles and interchangeable outfits representing different historically Black schools.

Characters include student body president Hope and Nicole, a homecoming queen.

The toys aim to give children ages 3 and up a "sense of ethnic familiarity and be an aspirational role model - who dreams big, sets goals, works hard, and manifests a rewarding future for herself," per the product descriptions.

Hope sports a varsity jacket, jeans and an afro, while Nicole is clad in a flowing gown and curls tied up in a tiara. The third HBCyoU character, cheer captain Alyssa, also proudly rocks her curls while wearing a skirt and holding up pom-poms.

Each doll comes complete with a biography listing their major and extracurricular passions.

Emblazoned on the doll's outfits are the logos of esteemed HBCUs including Morehouse University, Clark Atlanta University, Tuskegee University and Florida Agricultural and Mechanical University, per the outlet.

HBCyoU Dolls are the latest toy release from Purpose Toys, founded by DeeDee Wright-Ward to support emerging Black toy entrepreneurs with the infrastructure to create toys that represent and align with the modern Black experience.

-The Grio



## The Unlikely Rise Of The First US, Black-Owned Outdoors Retailer

By Ian Dille

Texas Monthly

A nighttime stroll through downtown Stephenville evokes a certain small-town Texas vibe. All around the square, string lights illuminate weathered brick storefronts. The Erath County courthouse, with its thick limestone walls and Romanesque arched windows, was completed in 1892. Its pointed clock tower remains one of the tallest structures around. On the courthouse lawn is a Confederate memorial, dedicated in 2001, that pays tribute to the more than six hundred soldiers who now "rest beneath the rich soil of Erath County." Nearby, on a corner of the square, stands a life-size statue

of a dairy cow. The black-and-white Holstein, erected in 1972 and known locally as Moo-La, is a nod to the county's state-leading dairy industry. The fire department has been known to hose her down, and she's sometimes costumed in relevant attire: a flower necklace for the annual Moo-La Fest, a cloth mask at the height of the pandemic.

The town lies seventy miles southwest of Fort Worth and is home to Tarleton State University. The school, which has 14,000 students, has claimed 37 championships at the College National Finals Rodeo. The best ropers and riders often stick around after graduation. More pro rodeo cowgirls and cowboys reside in Stephenville, population 20,897,

than anywhere else, giving the town a solid claim to the title Cowboy Capital of the World.

Across the street from the courthouse, a bright orange awning draws attention to a vintage Rexall Drugs sign. The long-gone pharmacy once sold various feel-good remedies, including a tonic containing alcohol and cod-liver oil. Today the space is occupied by an outdoors store called Slim Pickins Outfitters. The owner, Jahmicah Dawes, is the son of a Jamaican immigrant father and a Miami-raised mother. He's a big guy, six foot one, with an easy smile and a contagious laugh.

One recent evening, Dawes, wearing a Slim Pickins-branded

(See **SLIM PICKINS**, P. 2)



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# Slim Pickins, Black-Owned Outdoor Retailer—CONTINUED FROM PAGE 1

beanie over his short dreadlocks and gray wool socks beneath his mustard-yellow sandals, gave me a tour of his shop. A record player spun an album by country singer Charley Crockett, who crooned about hard times. Slim Pickins caters primarily to adventurous types, such as hikers and climbers, but it's far from a standard camping store. Dawes's personal touches are evident everywhere: Patagonia T-shirts and

jackets hang from walls lined with reclaimed wood and corrugated steel. Cast-iron pipes support shelves displaying high-end Osprey packs. A repurposed 1950s refrigerator, its door ajar, showcases running shoes made by the Swiss brand On. Hats and mugs feature the silhouette of Bill Murray—not the actor but the Dawes family's floppy-eared basset hound, who is also the shop's mascot. His image, Dawes said, "out-

sells the Patagonia stuff."

Dawes started the shop in 2017 with his wife, Heather, in hopes of building a community of like-minded enthusiasts of natural spaces, what he would come to call the "Slim Pickins tribe." At the back of the shop, the couple created a studio for various classes: all-abilities yoga and hunting-certification courses were among the offerings. A weekly bike ride began at the shop and rolled along Stephenville's Bosque River Trail before finishing at the farmers' market on the square. Heather's dad, a Baptist preacher, sometimes joined. It wasn't unusual for Dawes to spend hours listening to the life story of a drop-in customer.

For the first few years, Slim Pickins grew modestly. But like thousands of other small businesses, it struggled to stay afloat during the early days of the COVID-19 pandemic.

Then everything changed in February 2021, when the Outbound Collective, an online hub for outdoorsy types, released a short film touting Dawes as the only Black owner of an outdoors retailer in the country. The video made Dawes something of a celebrity in the outdoors world. Slim Pickins-branded clothing gained a certain cachet, and this February, the outdoor-gear chain Public Lands, which is owned by Dick's Sporting Goods, began carrying a line of Slim Pickins merch.

All of this led to one significant measure of success. "Our doors are still open," Dawes said. But the boom in sales also rang a little hollow. He and Heather began to reconsider what real success might look like. They decided to use their newfound fame to help diversify participation in the outdoors and within the outdoors industry.

According to a 2018 study published by the conservation organization George Wright Society, a mere 2 percent of visitors to national parks are African American. By comparison, African Americans made up about 13 percent of the U.S. population that year. In Texas, data remains limited, but a 2009 study from Sam Houston State University and the Parks and Wildlife Department found that 1 percent of state park visitors identified as Black. Minority groups as a whole accounted for

15 percent of state park visitors, versus 46 percent of the state's total population. More recently, a 2016 study of Cedar Hill State Park, a popular escape southwest of Dallas, showed that while roughly half the surrounding community was African American, only 11 percent of the park's visitors identified as such.

Growing up in Wylie, near

Dallas, Dawes wasn't active in many traditional outdoor activities. It wasn't until later, while in college at Tarleton, that he took a transformative road trip across the Southwest. One day, he went hiking at Organ Pipe Cactus National Monument, looked out across the vast Arizona desert, and was hooked.

Part of Dawes's charm comes from his earnest excitement

for learning more about the outdoors, something I would experience firsthand the day after visiting his shop. He took me camping near his home, and in a meadow made over by the morning light, we discovered how not to boil water in the wild.

The evolution of his business aspirations, from running a clothing company to owning an outdoors outfitter, started on a whim. Dawes and some buddies were headed to Fort Worth to stock up on gear for upcoming mission trips to places as far-flung as the rain forests of Venezuela. They started kicking around an idea: "If someone opened a gear shop in Stephenville, they'd kill."

One day after that, driving with Heather, Dawes brought up the concept in earnest. "Okay," Heather told him, "but when this fails, it's time for us to get out of Stephenville."

He attended an industry show in Austin and met Koby Crooks, a local rep for several major outdoors brands, including Osprey. "Every few years, a young person approaches me about opening a store in a college town with a redeveloping downtown," Crooks told me. "And generally they do pretty well."

Dawes presented a business plan to local investors and started scouring garage and estate sales for design inspiration. He once came home with a set of lacquered wooden paddles. Heather looked askance at him and asked, "Why'd you buy those?"

"For my shop," he told her. "But you don't own a shop," she reminded him.

Heather helped him turn Slim Pickins into a reality. The couple built the business on their hands and knees, alongside friends and family, scraping and peeling back decades of grime from the pharmacy's old floor. Dawes remembers the tattered prescriptions they found, "lots of opium." They stuck them in a frame alongside the store's business license.

The shop attracted Tarleton students as well as locals seeking to explore the nearby Brazos River and Palo Pinto Mountains. In 2017 the couple had the first of their two boys. October 2019 brought more good news: Slim Pickins was named one of fifteen "cool shops" in the U.S. by the Outside Business Journal.

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# Business & Finance

## Why Are Inflation Rates Rising In The US?

An Interview With Economist And Professor Martha Olney

Olney: If more people want to buy things – that is, if there's an increase in demand – that's going to make prices go higher. The other thing that can drive prices up is a decrease in supply – for example, if it becomes more difficult to produce goods. This happens if there are supply chain disruptions or disruptions in transportation.

In the last couple of years, we've had both of those things. At the beginning of the pandemic, demand shifted and we started buying more goods, rather than services. We were buying more cars, more electronics, more goods for the home. And we saw that price impact. At the same time, we had supply chain disruptions. So, the demand for goods went up, but the things needed to produce those goods were not as available, and so those prices went up.

How has the war in Ukraine made inflation worse?

Olney: As we were still dealing with the pandemic, the war started in Ukraine. This impacted both energy prices and food prices. Energy prices increased because of sanctions on Russia – Russia provides oil to the global market. The price of oil is set in a global market, so any disruption to the oil supply impacts the oil price worldwide. Ukraine and Russia also provide a large share of the world's wheat exports, and their ability to grow, harvest and export their grain has been impacted by the war as well.

How can previous periods of in-



flation help us understand what's happening right now?

Olney: In the 1970s, the OPEC oil crisis led to a reduction in the oil supply, which sent oil and fuel prices up. And that was, again, a supply restriction. At the time, that led to increases in the prices of many things because fuel was an important ingredient in so many things that we produced, and inflation took off.

So that's the historical period that I think is particularly relevant because it leads into how our expectations of inflation are changing. There is a survey that's conducted every month where folks from the University of Michigan go out and ask a bunch of consumers what they think the inflation rate is going to be in the next month and the next year. Those answers are called our "inflationary expectations."

The inflation of the 1970s followed a 15- to 20-year period of

stable inflation, where people's answers to that question had not changed much from month to month. This episode we're going through right now is following 30 years of stable inflation, where people's answers to that question have not changed much from month to month either. And so, the parallels are rising prices, driven at first by supply constraints, as well as people's inflationary expectations. People are expecting a higher inflation rate than they were a few months ago.

Who is responsible for reducing inflation, and what tools do they have?

Olney: The primary agency in the United States for fighting inflation is the Federal Reserve. The tool that the Federal Reserve has is changing interest rates. There are some regulatory agencies that may be able to adjust their regulations and bring

prices down a little, but the real changes that matter are the Federal Reserve and its use of interest rates. The Federal Reserve will either slow the economy by increasing interest rates, or boost the economy by decreasing interest rates.

What stabilized prices after that similar period in the 1970s?

Olney: The Federal Reserve broke that inflation by undertaking extraordinarily tight, conservative and contractionary monetary policies. They increased interest rates as high as 18%. So, to get a mortgage to buy a house, the interest rates were 16% to 18%. That brought demand to a screeching halt, made the economy contract and triggered the most severe recession we'd had since the 1930s. And that reduced demand for products and led to, ultimately, a decrease in prices.

The other piece of the inflation puzzle is what's happening to people's expectations. In the early 1980s, President Ronald Reagan went on camera from the White House and assured everyone that he was in control and the Federal Reserve was going to solve this problem. Together with the changes in interest rates that caused unemployment to soar, Reagan's reassurances led to a drop in people's expectations that some economists believe was key in lowering inflation in the early 1980s.

Is it possible to stabilize prices without causing a recession?

Olney: A recession is when the total amount of goods and services that are produced in a month is less than it was the month before. So, the amount of goods and services that we're producing is getting smaller and smaller, month by month.

What the Fed is hoping to do is slow the rate of increase – that's what they mean by a "soft landing."

So instead of increasing the production rate at, say, 2% per year from month to month, maybe we could increase it 1% per year. In that case, we wouldn't have a recession; we would just have a decrease in the amount of growth.

## FUNDraising Good Times



By Mel & Pearl Shaw Saad & Shaw

### THE FUTURE IS HERE

Life is changing faster than ever. Sometimes it feels as if the ways we have planned for the future just aren't working. For many of us, we live in the moment, and engage in future planning every now and then; usually when life forces us to. But what if we had a new way to engage with the here-and-now and the future simultaneously.

We interviewed nationally recognized Philanthropic Futurist Trista Harris in 2018 on just this topic in a column titled "Can we see into the future?" Different from the classic fortune-teller, a futurist, according to Harris, is someone who uses "trends to determine what is possible, probable, and preferable in the future. Though there is not one predetermined future, there are signals of what is coming. Futurists develop strategies based on those signals instead of just creating a 'better version' of what exists today." She also puts it plainly, "The future isn't something that happens to you, it is something that you create with the decisions that you make today."

Harris shares her thoughts on how each of us can use futurism as we build—or work within—organizations and institutions. Her book, *Future Good: How to Use Futurism to Save the World*, is a foundational piece for a new "studio" that she is bringing to the world. Being both a student and a teacher of futurism, Harris has announced a "beta cohort" for her new FutureGood Studio. The studio learning method combines video lessons with intermittent virtual meetings to help you learn to manage volatility and how predict and shape the future. Topics covered through this studio range from "Welcome to Futurism" to "Loving the Problem" to "From Here to There" concluding with "Now Create the Future."

Having personally met and worked with Harris, we know she is all about "facing reality" but her lens is the positive: she is not a downer. She focuses on seeing both "what is" and "what can be" and harnessing supposedly diametric or conflicting points of view to create a pathway towards future good. We asked her about the "why" behind her new studio, and she spilled the beans. "I often joke with clients that I'm probably the only philanthropic futurist they know. But I don't just want to create a few more philanthropic futurists—I want to create thousands of them. I 'discovered' futurism during the recession almost 15 years ago. When I was the Executive Director for the Headwaters Foundation for Justice, I watched organizations drowning in the recession—but by deploying futurism, we achieved some of the greatest victories our clients had seen in 30 years. I know we aren't at the mercy of the future: WE shape the future. I want to get that word out to as many people as possible. Building an online learning environment felt like the greatest way to achieve that." Harris' FutureGood Studio is designed to be transformative and yet highly time-efficient—the studio experience itself is futuristic!

Learn more about FutureGood Studio at <https://bit.ly/FutureGoodStudio/>.

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## Amazon To Raise Seller Fees For The Holidays Amid Rising Costs

NEW YORK (AP) — Amazon is raising charges on third-party sellers again — this time adding a holiday fee for merchants who use the company's fulfillment services to pack and ship items to customers.

From Oct. 15 to Jan. 14, sellers will be hit with an average fee of \$0.35 per item sold using Amazon's fulfillment services in the U.S. and Canada, according to a notice the company sent to merchants Tuesday.

It's the second fee hike imposed on merchants this year by the online retail behemoth. In April, the company added a 5% "fuel and inflation" surcharge to offset rising gas costs and inflation, which is running close to its highest level in four decades.

To use Amazon's fulfillment services, merchants already have to pay a fee that varies based on an item's size, weight or category.

In the notice sent Tuesday, Amazon noted the holiday season increases fulfillment and logistics costs due to the volume of shipments being transported. The company said it previously absorbed these cost increases. But seasonal expenses were now "reaching new heights," it said.

"Our selling partners are in-



credibly important to us, and this is not a decision we made lightly," the company said.

CNBC first reported on the hike in fees.

Holiday pricing adjustments are not novel to Amazon. Last week, the U.S. Postal Service said it filed a notice to implement a temporary price hike to cover extra handling costs during the holiday season.

But at Amazon, seller fees — and their repeated increases — are a subject of contention since the company controls a vast share of the e-commerce market. Critics argue the company's excessive fees could potentially lock out merchants from its marketplace.

"Corporations that have monopoly power tend to raise prices, and that's what we're seeing here,"

said Stacy Mitchell, an Amazon critic and co-director for the anti-monopoly group Institute for Local Self-Reliance. "Amazon's dominance of the online market means that small businesses have little choice but to pay up."

Last month, Amazon's Chief Financial Officer Brian Olsavsky said during a media call that third-party sellers represented 57% of total units sold on Amazon during the three-month period that ended June 30, the highest in the company's history.

The Seattle-based company's second-quarter earnings report also showed total revenue Amazon collects third-party sellers had jumped 13% compared to the prior year, while revenue from its own retail business had declined by 4%.

## CFP Offers Two Investing Courses

Certified financial planner Reshell Smith is helping her clients build generational wealth, learn comprehensive financial planning and personal finance, start investing, and more. Ms. Smith offers a course on stocks and investing, in addition to a free course on her YouTube channel on tips to invest during a recession.

Investing in uncertain times can be daunting, but it doesn't have to be. Ms. Smith gives five important tips on how to invest smartly during a recession:

Keep your emotions out of it. Make transactions and investments as emotion-free as possible as your emotions can have you make costly decisions.

Be a contrarian investor. This means that when you see everyone hopping out of the market out of fear, it might be time to invest more as prices may be lower or discounted.

Improve your financial position by looking at things other than your portfolio. It may be hard to not look at something like a 401(k) or brokerage account where you have a lot of money invested, but working on things such as your budget, or other assets, or reducing debt allows you to feel less stressed about your portfolio and for it to do what it needs to do as the market changes.

If you are looking to invest during uncertain times, stick to

companies that you know are well-managed, such as larger companies, and who provide products that will always be essential to the population, such as food and utilities.

Enlist professional help. If you feel as though you've gotten in over your head, remember that there are many financial planners and advisors you can reach out to who are more than happy to help.

Ms. Smith also offers an investing course called Ready, Stock, Go! that teaches beginners how to start investing in stocks. The presentation offers tips to start confidently building a portfolio and gives the important factors to consider before purchasing stocks.

# Classifieds

### D/M/WBE

#### SUBCONTRACTORS/SUPPLIERS WANTED

T.A. Loving Company (NC General Contractor License No. 325) is seeking certified DBE, MBE, and WBE subcontractors and suppliers for the **Falls Lake Water and Sewer Line Connection project for US Army Corps of Engineers** which bids **August 25, 2022, at 2:00 PM**. Plans and specifications for this project are available at the following locations: TA Loving Company, 400 Patetown Road, Goldsboro, NC 27530 \* [www.SAM.gov](http://www.SAM.gov).

Potential subcontracting opportunities include but are not limited to surveying, hauling, erosion control, seeding, linework. Please contact **Jeff Price** ([jprice@taloving.com](mailto:jprice@taloving.com)) if you are interested in submitting a proposal on any portion(s) of this project. Contact via phone 919-734-8400; fax 919-736-2148; or email. All quotations will be accepted up to bid closing time on bid date. TA Loving Company is an Equal Opportunity/Affirmative Action Employer.

Please advise if assistance is needed with obtaining necessary equipment, supplies, materials, or insurance/bonding to satisfy the work requirements. We are willing to accept quotations on all or partial quantities and items of work. We can offer 2-party check payments and quick payment agreements, but the agreements need to be negotiated prior to bid date.

### D/M/WBE

#### SUBCONTRACTORS/SUPPLIERS WANTED

T.A. Loving Company (NC General Contractor License No. 325) is seeking certified DBE subcontractors and suppliers for the following projects that bid for NCDOT:

**Bid Date: 02/16/2022 at 2:00 PM**

**Project: Replace Bridge #23 Over Bonarva Canal in Tyrrell County (Division 1)**

Plans and specifications are available for inspection at the following locations: TA Loving Company, NC DOT Division office.

Potential subcontracting opportunities include but are not limited to surveying, demolition, clearing and grubbing, hauling, asphalt paving, striping, traffic control, earthwork, erosion control, seeding, and sodding.

Please contact Justin E. Hill at our office as soon as possible if you are interested in submitting a proposal on any portion(s) of this project. Quotes may be emailed to **Justin E. Hill**—[jehill@taloving.com](mailto:jehill@taloving.com). All quotations will be accepted up to bid closing time on bid date. Our address, phone number, and fax number is as follows.

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#### SUBCONTRACTORS/SUPPLIERS WANTED

T.A. Loving Company (NC General Contractor License No. 325) is seeking certified DBE, MBE, and WBE subcontractors and suppliers for the **Long Branch Canal Sewer Outfall project for Christ Covenant School** which bids **August 24, 2022, at 2:00 PM**. Plans and specifications for this project are available at the following locations: TA Loving Company, 400 Patetown Road, Goldsboro, NC 27530.

Potential subcontracting opportunities include but are not limited to surveying, hauling, asphalt paving, erosion control, seeding, linework, and jack & bore. Please contact **Jeff Price** ([jprice@taloving.com](mailto:jprice@taloving.com)) if you are interested in submitting a proposal on any portion(s) of this project. Contact via phone 919-734-8400; fax 919-736-2148; or email. All quotations will be accepted up to bid closing time on bid date. TA Loving Company is an Equal Opportunity/Affirmative Action Employer.

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# Charles Henry Turner Was Both A Scientist And An Educator

By Edward D. Melillo

Special To The Carolinian

On a crisp autumn morning in 1908, an elegantly dressed African American man strode back and forth among the pin oaks, magnolias and silver maples of O'Fallon Park in St. Louis, Mo. After placing a dozen dishes filled with strawberry jam atop several picnic tables, biologist Charles Henry Turner retreated to a nearby bench, notebook and pencil at the ready.

Following a midmorning break for tea and toast (topped with strawberry jam, of course), Turner returned to his outdoor experiment. At noon and again at dusk, he placed jam-filled dishes on the park tables.

As he discovered, honeybees (*Apis mellifera*) were reliable breakfast, lunch and dinner visitors to the sugary buffet. After a few days, Turner stopped offering jam at midday and sunset, and presented the treats only at dawn.

Initially, the bees continued appearing at all three times. Soon, however, they changed their arrival patterns, visiting the picnic tables only in the mornings.

This simple but elegantly devised experiment led Turner to conclude that bees can perceive time and will rapidly develop new feeding habits in response to changing conditions.

These results were among the first in a cascade of groundbreaking discoveries that Turner made about insect behavior. Across his distinguished 33-year career, Turner authored 71 papers and was the first African-American to have his research published in the prestigious journal *Science*.

Although his name is barely known today, Charles Henry Turner was a pioneer in studying bees and should be considered

among the great entomologists of the 19th and 20th centuries.

While researching my book on human interactions with insects in world history, I became aware of Turner's pioneering work on insect cognition, which constituted much of his groundbreaking research on animal behavior.

Turner was born in Cincinnati in 1867, a mere two years after the Civil War ended. The son of a church custodian and a nurse who was formerly enslaved, he grew up under the specter of Jim Crow—a set of formal laws and informal practices that relegated African-Americans to second-class status.

The social environment of Turner's childhood included school and housing segregation, frequent lynchings and the denial of basic democratic rights to the city's nonwhite population. Despite immense obstacles to his educational goals and professional aspirations, Turner's tenacious spirit carried him through. As a young boy, he developed an abiding fascination with small creatures, capturing and cataloging thousands of ants, beetles and butterflies.

An aptitude for science was just one of Turner's many talents. At Gaines High School, he led his all-Black class, securing his place as valedictorian. Turner went on to earn a Bachelor of Science degree from the University of Cincinnati, and he became the first African-American to receive a doctorate in zoology from the University of Chicago.

Turner's cutting-edge doctoral dissertation, "The Homing of Ants: An Experimental Study of Ant Behavior," was later excerpted in the September 1907 issue of the *Journal of Comparative Neurology and Psychology*.

Despite his brilliance, Turner was unable to secure long-term employment in higher educa-



tion. The University of Chicago refused to offer him a job, and Booker T. Washington was too cash-strapped to hire him at the all-Black Tuskegee Normal and Industrial Institute in Alabama.

Following a brief stint at the University of Cincinnati and a temporary position at Clark College (now Clark Atlanta University), Turner spent the remainder of his career teaching at Sumner High School in St. Louis. As of 1908, his salary was a meager \$1,080 a year—around \$34,300 in today's dollars.

At Sumner—without access to a fully equipped laboratory, a research library or graduate students—Turner made trailblazing discoveries about insect behavior.

Among Turner's most significant findings was that wasps, bees, sawflies and ants—members of the Hymenoptera order—are not simply primitive automatons, as so many of his contemporaries thought. Instead, they are organisms with the capacities to remember,

learn and feel.

Bees were not well understood at the turn of the 20th century. During the early 1900s, biologists were aware that flowers attracted bee pollinators by producing certain scents. However, these researchers knew next to nothing about the visual aspects of such attractions, when bees were too far from the flowers to smell them.

To investigate, Turner pounded rows of wooden dowels into the O'Fallon Park lawn. Atop each rod, he affixed a red disk dipped in honey. Soon, bees began traveling from far away to his makeshift "flowers." Turner then added a series of "control" rods topped with blue disks that bore no honey. The bees paid little heed to the new "flowers," demonstrating that visual signals provided guidance, when the bees were too distant to smell their targets.

Although a honeybee's ability to detect red remains controversial, scientists have determined that Turner's bees were likely

responding to something called achromatic stimuli, which allowed them to discern among various shades and tints.

Lasting legacies of an underappreciated pioneer Turner's astounding range of findings from three decades of experiments established his reputation as an authority on the behavioral patterns of bees, cockroaches, spiders and ants.

As a scientific researcher without a university position, he occupied an odd niche. In large part, his situation was the product of systemic racism. It was also a result of his commitment to training young Black students in science.

Alongside his scientific publications, Turner wrote extensively on African-American education. In his 1902 essay "Will the Education of the Negro Solve the Race Problem?" Turner contended that trade schools were not the pathway to Black em-

powerment. Instead, he called for widespread public education of African-Americans in all subjects: "if we cast aside our prejudices and try the highest education upon both White and Black, in a few decades there will be no Negro problem."

Turner was only 56 when he died of acute myocarditis, an infectious heart inflammation. He was survived by two children and his second wife, Lillian Porter.

Turner's scientific contributions endure. His articles continue to be widely cited, and entomologists have subsequently verified most of his conclusions. Despite the colossal challenges he faced throughout his career, Charles Henry Turner was among the first scientists to shed light on the secret lives of bees, the winged pollinators that ensure the welfare of human food systems and the survival of Earth's biosphere.

## Covid-19 Order Lifted

RALEIGH, N.C. (AP) — North Carolina's state of emergency giving extraordinary powers to state government to address the COVID-19 pandemic is ending Monday as Gov. Roy Cooper officially concluded it nearly 2 1/2 years after he entered his first order.

The Democratic governor announced last month that he would lift the emergency order Monday, citing provisions in the latest state budget bill he signed that would allow health care providers and regulators to keep responding robustly to the virus. His termination order said the emergency ends late Monday night.

The executive orders issued during the emergency "protected public health and helped us save lives and livelihoods," Cooper said in a news release. "North Carolina is emerging even stronger than before and my administration will continue to work to protect the health and safety of our people."

Cooper's initial emergency order, issued on March 10, 2020, and subsequent orders based on that declaration, led to public school closings, mask requirements, and restrictions on commerce and restaurants.

As the pandemic's intensity waned, nearly all of the restrictive statewide mandates were lifted by last summer, but the emergency order remained in place. Cooper said early this year that the order was necessary in part to help get coronavirus vaccinations to the public and assist health care providers should cases surge.

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# Financial Health & Fitness

## Multigenerational Living Could Help With Unaffordable Housing?

**THE CONVERSATION**—Over the past 20 years, housing prices in Canada have increased at double the rate of income growth. As a result, a growing number of Canadian households are grappling with housing affordability.

Today, 10 per cent of Canadian households are spending at least 30 per cent of their pretax income on housing.

At the same time, the share of multigenerational households has also increased by 45 per cent — more than any other family living arrangement. Most of these multigenerational households include grandparents and young children.

The simultaneous rise in housing prices and share of multigenerational households raises the following questions: First, is moving in with aging parents a strategy adopted by young families to reduce their housing vulnerability? Second, who benefits the most by moving in with grandparents?

Our study addressed these questions and examined whether moving in with grandparents may be a solution to unaffordable housing.

Living with grandparents may

offer young families a way to reduce their housing costs, decrease their housing vulnerability, and free up resources for food, medical care and education.

By moving in with grandparents, young families can avoid a host of negative outcomes associated with housing vulnerability, including children's poorer academic outcomes, behavioural problems and poorer health.

The benefits of living in multigenerational households are unevenly distributed. We found that children whose mothers had lower income benefited more from living with their grandparents than those whose mothers had higher income. Similarly, children growing up in single-mother households benefited more from living with their grandparents than those growing up in two-parent households.

Conversely, children with grandparents who had higher income benefited more from living with their grandparents. And those living with grandmothers benefited more than children living solely with their grandfathers. Prior research shows grandmothers usually provide

more financial and emotional support to their adult children and grandchildren than grandfathers.

Our findings suggest that multigenerational living is usually a way for grandparents to offer housing assistance and transfer material resources to their adult children. The implication is that young families generally benefit more financially from this living situation than aging parents.

Low-income grandparents are an exception. By moving in with their adult children, they can receive financial help, emotional support and care, and may benefit more from multigenerational living than young families.

The benefits of multigenerational living, however, may come at the expense of sufficient space and privacy. These living arrangements were more likely than two-generation households to be overcrowded.

Living in overcrowded housing is associated with poorer health outcomes, poorer relationship quality and more stress for all household members. It can also have a negative impact on academic outcomes and increase behavioural problems for children.



Multigenerational living may also negatively impact the financial well-being of grandparents. Some older adults may be paying for their adult children's expenses as well as their own. This may place a strain on their finances or generate a need for them to delay retirement.

Some families and older adults may prefer to live in multigenerational households. However, for

others, a shortage of affordable housing may be creating conditions that force them to move in with their aging parents.

So, what can the government do to eliminate the conditions that force some families into multigenerational households?

The Canadian government must increase housing supply. Increasing interest rates can temporarily decrease pressures

in the housing market by reducing demand. However, it can also exacerbate the housing shortage and affordability crisis over the long run through cancellations in housing construction projects.

According to the Canadian Mortgage and Housing Corporation, Canada needs 3.5 million new homes to reach affordability.

The government must also produce estimates of unmet housing demands that go beyond projecting the quantity of the housing shortage. It must forecast the quantity and types of housing for which there is unmet demand and meet it. For example, the shortage of large housing units may be part of the reason why multigenerational households have a higher risk of living in overcrowded housing.

Overall, our study reveals that the housing affordability crisis is having a pervasive impact on Canadian society. It is imposing constraints that alter the structure and composition of Canadian families. It is also forcing many families to absorb some of the effects of a social problem: the shortage of affordable housing.

Overall, our study reveals that the housing affordability crisis is having a pervasive impact on Canadian society. It is imposing constraints that alter the structure and composition of Canadian families. It is also forcing many families to absorb some of the effects of a social problem: the shortage of affordable housing.

## Inflation Reduction Act May Have Little Impact On Actual Inflation

**WASHINGTON (AP)** — With inflation raging near its highest level in four decades, President Joe Biden on Tuesday signed into law his landmark Inflation Reduction Act. Its title raises a tantalizing question: Will the measure actually tame the price spikes that have inflicted hardships on American households?

Economic analyses of the proposal suggest that the likely answer is no — not anytime soon, anyway.

The legislation, which was approved by Congress last week, won't directly address some of the main drivers of surging prices — from gas and food to rents and restaurant meals.

Still, the law could save money for some Americans by lessen-

ing the cost of prescription drugs for the elderly, extending health insurance subsidies and reducing energy prices. It would also modestly cut the government's budget deficit, which might slightly lower inflation by the end of this decade.

The nonpartisan Congressional Budget Office concluded this month that the changes would have a "negligible" impact on inflation this year and next. And the University of Pennsylvania's Penn Wharton Budget Model concluded that, over the next decade, "the impact on inflation is statistically indistinguishable from zero."

Such forecasts also undercut the arguments that some Republicans, such as House Minority Leader Kevin McCarthy have made, that the bill would "cause inflation," as

McCarthy said in a speech on the House floor.

Biden himself, in speaking of the legislation's effect on inflation, has referred to potentially lower prices in individual categories rather than to lower inflation as a whole. The president said the bill would "bring down the cost of prescription drugs, health insurance premiums and energy costs."

At the same time, the White House has trumpeted a letter signed by more than 120 economists, including several Nobel Prize winners and former Treasury secretaries, that asserts that the law's reduction in the government's budget deficit — by an estimated \$300 billion over the next decade, according to the CBO — would put "downward pressure on

inflation."

In theory, lower deficits can reduce inflation. That's because reduced government spending or higher taxes, both of which help shrink the deficit, drive down demand in the economy, thereby easing pressure on companies to raise prices.

Jason Furman, a Harvard economist who served as a top economic adviser in the Obama administration, wrote in an opinion column for The Wall Street Journal: "Deficit reduction is almost always inflation-reducing."

Yet Douglas Holtz-Eakin, who was a top economic adviser to President George W. Bush and later a director of the CBO, noted that the lower deficits won't kick in until five years from now and

won't be very large over the next decade considering the size of the economy.

"\$30 billion a year in a \$21 trillion economy isn't going to move the needle," Holtz-Eakin said, referring to the estimated amount of deficit reduction spread over 10 years.

He also noted that Congress has recently passed other legislation to subsidize semiconductor production in the U.S. and expand veterans' health care, and said that those laws will spend more than the Inflation Reduction Act will save.

In addition, Kent Smetters, director of the Penn Wharton Budget Model, said the law's health care subsidies could send inflation higher. The legislation would

spend \$70 billion over a decade to extend tax credits to help 13 million Americans pay for health insurance under the Affordable Care Act.

Those subsidies would free up money for recipients to spend elsewhere, potentially increasing inflation, although Smetters said the effect would likely be very small.

Though the measure could have the benefit of increasing the savings of millions of households on pharmaceutical and energy costs, those items typically constitute relatively small portions of household budgets. Prescription drugs account for only 1% of the spending in the U.S. consumer price index; spending on electricity and natural gas makes up just 3.6%.

WELLS FARGO

### Darlene Goins on Financial Inclusion

Too many communities this year, it seems, have traded pandemic worries for a fresh new set of concerns — rising inflation, more expensive groceries, and higher gas prices, to name a few. To those who are outside of the financial mainstream, the headlines are even more worrisome.

Black and African American, Hispanic, Latino, Native American and Alaska Native families, account for more than half of the 7 million unbanked households who don't have access to a mainstream checking account and often use high-cost alternatives to banking such as payday loans and check cashing services. Being left out of the banking system and deemed financially underserved is, simply, a problem.

I am personally passionate about finding real solutions. As the leader of Wells Fargo's Banking Inclusion Initiative, I'm dedicated to our 10-year commitment to accelerate unbanked individuals' access to affordable, mainstream accounts and help unbanked communities have easier access to low-cost banking.

This initiative has moved forward by working with a network of organizations that have deep-rooted connections to the diverse communities that are disproportionately unbanked.

Addressing the structural barriers that stand in the way of people becoming banked, and breaking them, are the first steps to financial inclusion. It is expensive to be marginalized in this country; and we know there is a real disparity in who has open pathways to economic advancement.

It is also evident that financial education and guidance, and an individual's sense of inclusion and trust, are important factors in bringing more people who are unbanked into the formal banking system.

The good news is that many in our industry and communities have already started working together in finding solutions that make it easier for people to lead positive and healthy financial lives—like the ones explored through the Banking Inclusion Initiative:

- Teaming with Operation HOPE to offer free financial education workshops and provide one-on-one coaching for unbanked individuals and households.
- Expanding our support for Black-owned Minority Depository Institutions to increase access to mainstream financial services.
- Supporting financial wellness programs

at historically Black colleges and universities (HBCUs) and minority-serving institutions (MSIs).

We know our work doesn't stop here. There are so many opportunities for us to reimagine what our society looks like as it pertains to financial inclusion that will lead to positive and impactful change right now and in the future.

You can find more information on our Banking Inclusion Initiative at: [www.wellsfargo.com/bankinginclusion](http://www.wellsfargo.com/bankinginclusion).



Meet Darlene Goins

Darlene Goins is EVP and head of Banking Inclusion Initiative for Wells Fargo, responsible for the overall strategy and direction of the program. Goins joined Wells Fargo in 2016 as head of Hands on Banking®, and previously served as head of Financial Health Philanthropy for the Wells Fargo Foundation. An active community leader, Goins currently serves on the boards of several nonprofits to accelerate financial inclusion.



# Ag-Grow-Culture

## When You Need A Simplified Solution, Mulch Is The Answer

By Jason Lindsay

Staff Writer

Here is an art that is as old as agriculture itself. It is the art of mulching. Now we know that we can mulch with many things like pine straw or wheat straw, various grasses or leaves and there is even a plastic mulch. But here lets talk about the benefits of woodchip mulching.

Woodchip mulch can be used in various stages, but at different times it is great for different things; and a mix up on when it is good to use it and where could be detrimental. Minus the decomposed animal bodies along with that of insects over the course of time, woodchips mulch in its decomposed state is much like the soil of the forest floor. If you follow my articles, I spoke of the forest floor as a sacred place where the lessons of how nature arranges itself lie. The forest is a place of vast vegetation, yet it needs for no one to water it or even plant it and when left alone the forest will even expand itself. It is also in the forest where every tree is surrounded by mulch because no one is raking the leaves that fall in autumn or collecting sticks that fall from the trees or cutting up and removing fallen trees. All of it is left to decompose. These are the gifts of natures fallen and the benefits are as complete as the circle of life, itself.

Let's take a step out of the forest and return back to our yards, gardens, and fields. In most cases these are places that trees have been cut down to usher more sunlight, or for making space for other crops. These are the places where leaves are raked in colder seasons to be presented as a manicured lawn during the fall and winter and fallen trees, branches and/or sticks are collected and removed from the premises. So, it goes without being said that all the benefits of the forest floor in most cases do not apply for human growing spaces. That also mean our soil does not benefit from the decomposition process. This places us

in a position of mimicking nature to reestablish nature's benefit package, or inheritance so to speak. Woodchip mulching is an excellent art to accomplish this.

As a child I never witnessed my grandmother plant a tree without placing aged woodchip mulch around them in a ring shape she called a skirt. The same was true for the mature trees in the yard. Every tree was given this skirt and around some she also planted annual and perennial flowers. I didn't know it then, but grandma was a companion planter (planting with plants that benefit from each other's company).

She swore by this method and so did my grandfather who was a graduate of North Carolina A&T when it was an institute to train Black farmers. Today my grandparents have transitioned, and I honor them and this technique that they swore by which has been proven to almost double the growth rate of a tree. And the advantages do not stop there.

As stated, placing mulch around trees can increase the growth of the tree by nearly 100 percent, but here are a few things to note. The mulch ring, or skirt around the tree must have a radius of three to six feet, a height at minimum three inches at max twelve inches. And this last point is important, if done wrong results could be fatal for the tree, make sure woodchip mulch is not mounting against the tree. Woodchips against the tree should not exceed two to three inches.

As with everything in farming or stewarding the earth in any fashion, timing is everything. The best time to mulch is mid-spring and/or late summer or early fall before the ground temperature begins to fall. The purpose of aged woodchip mulch differs from that of freshly chopped woodchips. Aged woodchips are best in the most sensitive areas such as: around young trees and blanketing garden beds around plants.

Placing aged mulch around your plants is a great moisture



retainer (the able for the soil to hold water for longer periods). Because the soil is not directly exposed to sunlight and blanketed by the woodchips, evaporation levels are reduced decreasing the need to water. Aged woodchip mulch also improves the way air and water move through the soil while releasing nutrients.

Yes, aged woodchips are a slow-release fertilizer (fertilizer that releases small amounts of nutrients over an extended period of time). The beautiful thing about aged woodchips is the more the chips decompose the more nutrients they release.

Aged woodchip mulch will slowly release nutrients into the soil from any where between 5 to 10 years after it has been placed depending on the age of the mulch. When woodchips are almost completely decomposed it is called humus, a Latin word meaning ground or earth.

Humus is the decomposition of organic matter that is rich in nutrients and preserves water

in the soil. Humus is the fertilizer of the forest. It is a source of nitrogen, phosphorus, and sulfur. Humus increases the soil's ability to trade nutrients for sunlight (photosynthesize) while simultaneously serving as an energy source that promotes the growth and development of micro-organisms. Some scientists say humus aids the fertility of the soil, while others say it prevents disease in plants and food crops. Nevertheless, the forest has proven humus' efforts valid.

Woodchip mulch can also be used in its' green (fresh) state. Green woodchips have not reached that of humus therefore does not release nutrients. In fact, it is important to note that green woodchips cannot be used around plants or young small trees because instead of placing nitrogen in the soil, it pulls nitrogen from the soil which harmful for plant growth.

However, green woodchips are perfect for walk ways through the field, yard, or garden. Because of its' green state the

woodchips will take longer to decompose and convert to humus making it ideal to place in spots that you would not like for things to grow such as walk spaces, even the aisle between your garden beds where you don't want to cut, till or hoe.

Green woodchips have served

as a savior for me in many gardens. Yet, there are a few things to note. The rule is to mulch a minimum of one foot or don't mulch at all. The reasoning behind this is because to mulch less than a foot in the spring would result in many weeds in the summer, which defeats the purpose. So when green woodchip mulching lay it on thick or not at all. In walk spaces I have mulched up to three feet. Keep in mind that the mulch does not sustain itself at three feet. After a few weeks have passed, or after a few good rains, the mulch will settle down by about 50 percent. The gift of this method is that the spaces you have mulched will become extremely fertile in the coming year due to the decomposition process.

In this world we as humans do a wonderful job of complicating things. Mulching is a process that doesn't give the instinct of complicating things much space. It is ancestor approved. And the forest itself uses it in the name of conservation. It is essentially the art of adding organic matter, which is the food of the soil.

Mulching is a science. If you were to forget a step or over or under do it, it could be detrimental or purposeless. But, when correctly applied mulching is the gift that literally keeps on giving.

### USDA: New Opportunities To Improve Nutrient Management

The U.S. Department of Agriculture (USDA) welcomed the passage of the Inflation Reduction Act, which will deliver \$19.5 billion in new conservation funding to support climate-smart agriculture. This historic funding will bolster the new steps that USDA's Natural Resources Conservation Service (NRCS) announced today to improve opportunities for nutrient management. NRCS will target funding, increasing program flexibilities, launch a new outreach campaign to promote nutrient management's economic benefits, in addition to expanding partnerships to develop nutrient management plans. This is part of USDA's broader effort to address future fertilizer availability and cost challenges for U.S. producers.

For more information and resources for nutrient management planning, visit [farmers.gov/global-food-insecurity](https://farmers.gov/global-food-insecurity). Contact NRCS at your local USDA Service Center to get assistance with a nutrient management plan for your land.

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# Community

## North Carolina Tightens Rules For Partisan Poll Watchers

(AP)—After receiving more than a dozen reports of conduct violations by party-appointed poll watchers during the May primaries in North Carolina, the state elections board tightened regulations for precinct observers Tuesday to prevent partisan interference in the November general election.

The board unanimously voted to approve temporary rules for the upcoming election that more clearly outline the code of conduct for partisan observers, prohibiting them from standing close to a “tabulator, laptop, poll-book or other voting document” where they could view marked ballots or confidential voter information.

The revisions heighten scrutiny for observers and poll work-

ers alike, adding a list of prohibited conduct for precinct officials that forbids them from tampering with voting equipment or expressing their political views on the job.

While poll watching has been an element of electoral transparency since the 1800s, the practice grew in prominence in the 2020 election cycle due to former President Donald Trump’s unfounded allegations of voter fraud. Trump’s debunked claim that the 2020 presidential election results were fraudulent has motivated thousands of his supporters to scrutinize elections operations nationwide, intensifying concerns of voter intimidation.

A survey of county elections directors in late May found viola-

tions in 15 North Carolina counties, where officials observed poll watchers harassing voters and attempting to enter restricted areas to view confidential voting records.

“While most were perfectly fine, several demanded to be behind the machines to watch people vote,” Davidson County Elections Director Andrew Richards said. “When told they could not be behind the voting equipment, several became argumentative.”

State law allows political parties to appoint precinct-specific and at-large poll watchers to monitor election proceedings from designated areas inside the voting facility on Election Day and during one-stop early voting. These observers can report concerns to a precinct manager but are prohibited from interacting with voters, disseminating information or interfering with the duties of poll workers.

North Carolina Republicans, including some with close ties to Trump, have argued further restrictions for poll watchers could undermine the integrity of elections in a crucial swing state.

Conservative attorney Cleta Mitchell, who was on a phone call with Trump in January when he pressured Georgia’s Republican secretary of state to “find” enough votes to overturn that state’s presidential election results, was among those who advocated against the rule change during the first of two public hearings July 28.

“This is really for the purpose of curbing the enthusiastic interest that many citizens of North Carolina have expressed in making sure that the elections conducted in our state are transparent and that they are following the law,” said Mitchell, a Pinehurst resident.

The state board opted to pursue a temporary rule change to ensure the revisions are ap-

proved before in-person early voting begins Oct. 20, said Paul Cox, associate legal counsel to the board.

“The existing rules just, quite frankly, are not models of clarity,” Cox said. “We want to avoid any disruptive issues going forward, especially given how these incidents seem to have recently surfaced in significant enough numbers to cause our county di-

rectors concern.”

The state’s Rules Review Commission will now review the changes. If approved, they will be in effect for 270 days, Cox said. Board Chair Damon Cir-costa said he will ask political parties and election workers to complete another survey in late November so the board can evaluate the need for a permanent rule change.

## Omega’s Resource Fair At Chavis

By Tyria McCray

Staff Writer

Members of the Omega Psi Phi chapter brought Raleigh residents together for a back-to-school rally at the John Chavis Memorial Park last weekend.

Kids, bright-eyed and bushy-tailed, were overcome with joy as they entered the multipurpose room at the Chavis Center. Throughout the room, provided row after row, were brightly colored backpacks filled with school supplies.

While children were able to receive school supplies, parents were also able to look at potential job opportunities.

Among the crowd stood a member of Omega Psi Phi, Patrick Curry who gave a comment on this fair.

“You have to continue your education, and we talk about how important education is,” said Curry. “So, we don’t even see that we’re giving away a book bag and supplies. We’re giving away access to education!”

Vielka Maria Gabriel, a program specialist for Wake County, talked about more available opportunities for students.

“Wake County Cooperative Extension 4-H Youth is here. And we have other youth enrichment programs, such as the YMCA. And most of these groups are here also to offer mentorship to help the young people see it’s not about that quick job now,” she said.

“What about that career path that you’re headed for? In our

fire department, 20 years and you’re retired. Working 10 days a month. So, we often hear about these jobs, and often in our community, we don’t see ourselves in those positions.”

As the fair went on, parents expressed their appreciation for the event. During these challenging times, buying school supplies can be a hardship for families.

Deborah Bryant, a grandmother, shared why she’s grateful for this fair.

“My family is struggling right now,” she said. “This helps so much. I am so glad to have his backpack, and the supplies that are inside.”

“We are really having a hard time. They say we’re not in a recession, but I think we are. The supermarket prices are high, it’s time for the children to go back to school. The parents and the grandparents, we’re all doing all that we can to get the children ready,” she said.



## \$100K Reward Offered In Death Of Wake County Sheriff Deputy



RALEIGH, N.C. (AP) — A \$100,000 reward is being offered in the case of a sheriff’s deputy found fatally shot along a dark stretch of road in Raleigh last week.

“Horrorified” by a string of shootings that have injured and killed several deputies in the state in recent weeks, the North Carolina Sheriffs’ Association announced the reward Monday for information leading to the arrest and conviction of the person or people responsible for the killing of Wake County Sheriff’s Deputy Ned Byrd.


The 48-year-old K-9 officer had been with the office for 13 years. Byrd joined the sheriff’s office as a detention officer in 2009 and was sworn in as a deputy in 2018, according to the sheriff’s office.

Byrd was fatally shot late Thursday on a dark section of Battle Bridge Road, but it was not immediately clear why he stopped there, sheriff’s office spokesperson Eric Curry said last week. Byrd had responded to a domestic call less than a mile away earlier in the night, then entered his notes into the

system, he said.

There was no radio traffic to indicate that Byrd was making a traffic stop, but it appears something caught his attention along the road, since his vehicle was positioned as if to illuminate something, Curry said. When Byrd did not respond to several attempts to contact him, another deputy found Byrd shot outside his vehicle with his K-9 still inside the vehicle, he said. Law enforcement officers from multiple agencies joined the “manhunt for the perpetrator or perpetrators,” Curry said.






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# Sports

## NBA Icon Has Quickly Become An Entrepreneurial Legend

Isiah Thomas played basketball with the tenacity not often seen in today's game. Whenever a team outscored his Detroit Pistons, it only meant a negative mark in the loss column, but never total defeat for Thomas.

An NCAA champion at Indiana, and a two-time NBA champ with the Pistons, much like basketball, Thomas has followed up his on-court success with an almost peerless triumph in the business world.

He told the National Newspaper Publishers Association's live morning show, "Let It Be Known," that his accomplishments as an entrepreneur result from what he learned playing basketball. Thomas said building with the right individuals, seeking sound advice, and closely monitoring the success of others have made him a giant in several industries.

"The first [being a business owner] teaches you in terms of basketball is teamwork. You have to work together collectively to make something happen in terms of vision and goal," Thomas stated.

"The goal of winning a championship—how to do it together. So when you're managing people, it's about giving them a vision and a goal and ensuring that we have the right game plan to get there. Basketball gave me a lot of those [tools]. Having persever-

ance, getting knockdown, failing, and regrouping."

Thomas hasn't experienced getting knocked down in his business ventures, always displaying a deft touch and a championship pedigree in boardrooms.

The chair and CEO of ISIAH International LLC and Isiah Imports, Thomas has an extensive portfolio of investments. His holdings include Isiah Real Estate, Cheurlin Champagnes, One World Products, GRE3N and RE3 Recycling, Sweetgreen, and Popcorn Indiana.

"I started my firm in 1990 to uplift the second-generation behind me out of poverty," Thomas stated. "We always talk about generational wealth. The best way to do that is to start and get involved in the business. I didn't know that I was an ESG company—environmentally and socially conscious—when I started. I was always interested in investing in things that impacted the community, impacted the family, and had a chance to make sure there was some legacy coming behind."

"My economics teacher told me to invest in things that I like. So one of the first investments was popcorn because it was a staple in my home. After all, we didn't have a lot of food, so my mom would pop a lot of popcorn."

Thomas' Indiana Popcorn, which comes in red packaging, marked him as one of the first to



put colors on popcorn bags.

His foray into the industrial hemp business also counted as significant and rare. "When you talk about industrial hemp and carbon reduction—industrial

hemp takes more carbon out of the air than any other plant on the Earth," Thomas asserted.

"What you see at Isiah and One World is how to replace plastics in automobiles. Looking at hemp

and carbon reduction, it goes across every business, even the cosmetics space. It runs the gamut of its usage, and at One World, we have the largest supply of hemp on this side of the equator."

Thomas' Cheurlin Champagne is also one of the best. The bubbly is pressed from the first grapes. He's the most prominent African-American owner and importer of first pressed grape champagne globally.

"Anytime you buy champagne, you should ask if it's from the first pressed. That's important," Thomas stated. He also noted how his champagne allowed him to remain in the agricultural space.

"I didn't realize I was entering the agricultural space when I entered champagne," Thomas said. "I learned that the soil, the sun, and the farmers make the best grape." For the legend, it all comes back to the family.

His late mother, Mary Thomas, remains an inspiration. "We were poor, but my mother was always positive and always gave of herself," Thomas stated. "I remember walking in the snow with my mom, and I had holes in my shoes, and I put cardboard in them. I looked at her, and she had glad bags over her feet. We were on welfare, but she used the money not to pay rent or buy food but to ensure we got an education."

With his children and other family members having roles in Thomas' businesses, the legend said his mission for them remains simple. "We put them through school. They got student loans using the 'Thomas Bank,' and we require them to come back, put in six months or a year, free labor. That's how they pay off their student loans," Thomas stated.

After that, there are no strings attached, he said.

"If they decide they like what they are doing in one of the companies or entities that we have, then this is a place where they can make a living, get a paycheck, pay their rent, and buy food," he said.

"If they want to stay, great. If not, they've gained the experience and knowledge to go elsewhere. But, when you talk about trying to uplift your family out of generational poverty, that's the vision of Isiah International. So the diversification of the spaces we're in is because we have family members and me who have specialties in those spaces."

## More NFL Retirees Win Dementia Cases In Rescored Tests

PHILADELPHIA, Pa. (AP)—Two years after a pair of former players sued the NFL over the treatment of Black retirees in the league's \$1 billion concussion settlement, hundreds of men whose medical tests were rescored to eliminate race bias now qualify for awards.

The newly approved payouts, announced in a report Friday, are a victory for NFL families in the decade-long legal saga over concussions. The 2020 lawsuit unearthed the fact the dementia tests were being "race-normed"—adjusted due to assumptions that Black people have a lower

cognitive baseline score. Changes to the settlement made last year are meant to make the tests race-blind. The new results will add millions to the NFL's payouts for concussion-linked brain injuries.

A league spokesman did not return a phone call Friday or respond to emails sent in recent weeks seeking comment on the rescoring.

Of the 646 Black men whose tests were rescored, nearly half now qualify for dementia awards. Sixty-one are classified as having early to moderate dementia, with average awards top-

ping \$600,000; nearly 250 more have milder dementia and will get up to \$35,000 in enhanced medical testing and treatment, according to the claims administrator's report.

Former players, lawyers and advocates say they'll now turn to getting the word out to more players who could receive awards.

"Our work has produced some great results and has opened many eyes," said Ken Jenkins, a former Washington player who, along with his wife, petitioned the federal judge overseeing the settlement to make the changes

and urged the Justice Department's Civil Rights Division to investigate.

"Now we're really focused on getting as many players who deserve compensation to be compensated."

This first group of players had the best chance of success because they otherwise passed the testing protocols and would have qualified if they were White. Thousands of other Black former players can ask to be rescored or retested, but their cases might not be as strong based on earlier results on dementia, validity and impairment tests.

About 70 percent of active players and 60 percent of living retirees are Black. The fact that the testing algorithm adjusted scores by race—as a rough proxy for someone's socioeconomic background—went unnoticed for several years until lawyers for former Steelers Kevin Henry and Najeh Davenport sued the league.

Factors such as age, education and race have long been used in neurology to help diagnose dementia. But experts say the formula was never meant to be used to determine payouts in a legal case.

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# Church



## SERMON of the WEEK



**PROMISED BLESSINGS**  
Sermon By: Evangelist Anthony Evans

Moses gave the people of Israel this message from the Lord. Found in the NIV Bible Version, Deuteronomy 28:1-2; "If you fully obey the Lord your God and carefully follow all my commands I give you today, the Lord your God will set you high above all the nations on Earth."

We live in a time and world where anything could happen next, but the Lord promises that He will set us above all nations of the earth. That means, when we accept Christ as our Lord and Savior, we become New Creatures. He sets us above all sinful

nations.

When we listen to His voice and obey His commandments, blessings overtake us such as these:

*We will be blessed in the city and blessed in the field.*

*Blessed in the fruit of thy womb, Blessed are all the crops of your land and young of your livestock and herds.*

*Blessed are your baskets and stores.*

*You are blessed as you come and as you go.*

*The Lord will defeat your enemies before you and as they come at you from one direction and they will flee in seven directions.*

*The Lord will send blessing on your barns and everything you put your hands to along with the land that He promised to give, Amen.*

God has made several promises and inspires men to put them all into a manual, The BIBLE, that we might use it and learn how to have a better relationship with the Father and each other because it is God's desire that no one be lost. That's why we have "Promised Blessings."

To view complete sermons by Pastor William Eli Ratcliff and other guest ministers, please visit our website at [lincolnparkchurch.com](http://lincolnparkchurch.com) or our YouTube Channel.

## Getting Away From It All Is Good For Your Mind, Body

By Kristen Lucken

Brandeis University

Under federal law, U.S. companies aren't required to offer a single paid vacation day, compared to the at least 20 required in the European Union. About 1 in 4 U.S. workers don't receive any, and even among those who do, few make full use of them. More than half leave at least some vacation days untouched, and almost 1 in 5 say they feel guilty leaving the office, according to a 2019 survey by Priceline.

Americans in lower income brackets are less likely to get away on vacation—a particular concern this summer, with food and gas prices high.

This no-break culture has real consequences for physical, mental and spiritual health. A 2014 Gallup poll found that taking regular vacations with family and friends is linked to a higher sense of well-being, regardless of one's income. Activities that lead to an improved sense of well-being are positively associated with improved health and productivity.

The importance of getting away from it all isn't just backed up by contemporary research, though. As a scholar who studies the sociology of religion, I know that religious practices have long emphasized rest and contemplation, which not only improve a person's mental and physical health, but can also boost a sense of spiritual well-being. And escaping the busyness of everyday life does not have to drain one's wallet.

The Abrahamic traditions of Judaism, Christianity and Islam view a day of rest each week as a sacred right and responsibility of believers. The traditional Jewish Shabbat offers a 24-hour period beginning at sundown on Friday when the busyness of everyday life halts. Participants gather to worship, share a meal, study and pray.

Similarly, practicing Muslims celebrate their holy day on Fridays. This is a time when Muslims step away from work to attend a midday jumah, a prayer service at a local mosque, where

imams offer sermons on a range of intellectual, spiritual and practical topics and lead congregations in prayer.

Although attendance numbers are declining, many Christians observe the holy Sabbath on Sundays through church attendance, communal worship, music and the sharing of the Eucharist, when Christians consecrate and consume bread and wine representing the body and blood of Jesus Christ. The Christian Sabbath represents a time to rest, pray, worship and spend time with family.

Branches of Islam, Christianity and Judaism additionally call for regular times of prayer and contemplation as part of daily and yearly cycles. In the Islamic tradition, stopping to pray throughout the day represents one of Islam's five pillars of faith.

Through the practice of meditation, religious traditions quiet the senses to achieve a mindset of rest that they believe brings about heightened consciousness. Hindus, Buddhists and Jains teach the concept of dhyana, which generally translates to "contemplation."

Through yoga, meditation and other contemplative practices, practitioners can achieve a state of meditative consciousness and self-awareness that can lead to better mental, physical and spiritual health.

Religions emphasize the need for rest and quiet reflection so our overcluttered minds can focus on prayer and other contemplative practices. In the Bible, the Apostle Paul discusses how cultivating the "fruit of the spirit" through prayer and contemplation moves us toward patience and away from egocentrism.

Buddhists believe that quieting the mind through meditation can help people recognize that their feelings, perceptions, worldviews and even the self are impermanent features of life that can cause suffering. It can also help people contemplate their connectedness to the world around them.

Rest and contemplation help connect religious people with

the deeper sources of meaning they seek to cultivate through scriptural study, meditation and prayer. As the American Trappist monk Thomas Merton explains in his 1948 autobiographical book *The Seven Storey Mountain*, contemplation is a time of rest, the suspension of activity and a "withdrawal into the mysterious interior solitude in which the soul is absorbed in the immense and fruitful silence of God."

Medical science has become religion's unexpected partner in confirming the benefits generated by these religious practices.

Researchers have found an association between downtime, learning and creativity. Sleep, nature walks and exercise offer a number of life-enhancing benefits, including improved memory, productivity and physical health. Recent advances in neuroimaging technologies have allowed researchers to observe brain changes during times of intense prayer, yoga and mindfulness meditation. Scientific evidence suggests that engaging in these practices may lead to improved health and well-being.

A broad range of clinical studies note that regular meditation can physically alter the brain and how it responds to the world. For instance, these practices have been found to transform the brain's neural pathways and create new neurological networks that can lead to improved health and well-being.

Research on the practices of Japanese and Chinese Buddhist monks reveals benefits for physical and mental health. Furthermore, active meditations, such as yoga, qi gong and tai chi, are found to increase a sense of well-being through the regulation of mood and the reduction in anxiety and depression.

If you can't break away from work this summer, you can still improve your physical, mental and spiritual health by taking time to rest, exercise, sleep, meditate or pray. Think of these practices as mini "staycations" that allow us to vacate our minds of stress and worry while improving our well-being.

## Alliance Medical Ministry's Plight

By Tyria McCray

Staff Writer

In Wake County alone, approximately 115,000 residents are uninsured. Just let that sink in for a moment, 115,000 uninsured.

That being said, one particular nonprofit is working to ensure that everyone has comprehensive, compassionate, and affordable healthcare.

Serving more than just primary care, Alliance Medical Ministry is committed to providing quality, affordable care to working, uninsured adults living in Wake County.

Alliance Medical aims to provide counseling, wellness & care.

Executive Director Pete Tannenbaum and family physician Dr. Edwin Burkett sat down with *The Carolinian* to share its impact.

"There are many free clinics in Raleigh, but we are one of the few that is completely charitable. We are also a part of The N.C. Free and Charitable Clinics.

Within Wake County, we serve a niche of 18-year-olds and older who are under the poverty level which is 2.5. Therefore the importance of our clinic is to help serve those people and give our primary care patients a medical home for both prevention of health issues and to treat chronic diseases," said Burkett.

Within the past year, 2,018 patients have been served at AMM with \$5.78 million in prescription medications at no cost to patients. Even with the average ER cost ranging from about \$2,000, patients at AMM can only pay \$20 just to get started.

"So we know that Wake County has a huge issue with uninsured people and folks are going to the emergency room for basic things and we want to intervene by having that person come here. We have to expand our ability to fundraise and to get volunteer providers."

In pursuit of expanding, Tannenbaum shared who all qualifies to be a patient at Alliance. Someone must be within that 250 percent of the federal poverty level, either full or part-time employment, reside in Wake County and have no current Medicaid, Medicare, and/or insurance.

"We want to make sure that we grow smartly, in ways that we can best serve our patients."

Even if someone does not have the \$20 fee, AMM will work with that person to afford healthcare.

Another aspect that makes AMM unique is the on-site, full-time social worker. AMM's providers work with the social worker whenever a patient is dealing with food insecurity, interpersonal violence, transportation issues, etc. Also, AMM refers to

other agencies that can connect the patients with the appropriate agency that can help.

Other programs that are offered are wellness programs which include fitness, yoga and Zumba. They also have a garden that produces almost 2,000 pounds of vegetables a year so that patients are able to participate in the farm and able to get the vegetables for free.

Alliance Medical also focuses on behavioral health by having two full-time counselors, one of whom is pastoral/psychologist care and the other who is a bilingual and mental health clinician.

AMM partners with other nonprofits such as Step-Up ministry on-the-job training, FIGGS (Filling in the Gaps) a nonprofit that provides funding for AMM to purchase medications, and Catholic Parish Outreach which tackles food insecurity.

"Healthcare is a fundamental right and I believe that everybody should have access to affordable healthcare," said Tannenbaum.

"What I would like to do is help people fix their own health and let people know that they have a place to go where they can get help. We want to be a light to people," said Burkett.

For more information and to donate, visit [www.alliancemedicalministry.org](http://www.alliancemedicalministry.org).

## Dr. Johnson At Faith Missionary

Faith Missionary Baptist Church celebrates its 46th Homecoming Celebration on Sunday, August 21, at 11 a.m., at 908 Suffolk Blvd., Raleigh.

The Homecoming Theme is "There Will Be Glory After This!!" (Romans 8:18 (KJV)).

Dr. Idella L. Johnson of Watts Chapel Missionary Baptist in Raleigh is the scheduled Guest Preacher.

Rev. Dr. G.A. Jones, Jr., is Pastor at Faith Missionary Baptist Church.

As an extra health precautionary measure, masks are required.

Thank you for your understanding.

Point of Contact: Ms. Jackie M. Bullock (919)649-2994.



## Practical Biblical Principles

**PRAISE GOD FROM WHOM ALL BLESSINGS FLOW**  
Read: Psalm 121

Mature Christians often take the time to recognize and thank God through Christ for the many blessings He has bestowed upon us. His unseen hand, which has guided us safely along many dark spots in our life's highway, has secretly kept us safe from much unseen danger and harm. We are not aware of the many dangerous curves and bends in the highway of life, but God knows because He has been that way before. He is the guide. Yet at times we fail to complete our thanks to the Lord. We fail to praise Him as we should. This is a part of as well as requirements for working out our own salvation.

Praise is required of Angels, All of God's creation, the small and the great who have benefited from God's mercy and grace, which He sends anew to each soul every day.

As Psalm 150 says, "Praise God in His sanctuary; Praise him in his mighty firmament! Praise Him for His mighty acts; Praise Him for His excellent greatness! Praise Him with the sound of the trumpet; Praise Him with the flute and harp! Praise Him with timbrel and dance; Praise Him with stringed instruments and flutes! Praise Him with loud and clashing cymbals! Let everything that has breath praise the Lord.

The Bible tells us not to quench the Spirit. But some

Christians do not allow the Spirit of joy to be expressed through them. Could this be because of too much education, pride, ego, are you walking too much with the world? Do you not know how to express godly praise? Have you allowed the devil to rob you of your ability to praise according to Psalm 150?

There is a great difference in thanking God as opposed to praising Him. The two are not the same. You thank someone who has given you something. You praise God for just being who He is and how great He is. He is the One Who has made all things (John 1:1-4)

Praying to God is not praising Him. Praying to God usually consists of simply talking to Him and asking Him for something. It is unusual that believers would have a simple talk or conversation with God as you would a friend. One should be able to just talk with God as a friend and not just spend time always asking Him for something. One will discover that the more one praises God the more one will be in position to just simply have a little talk with Him and talk with Him about anything instead of asking him for something.

When we truly praise the Lord, our emphasis is on Him and not ourselves. When we pray to Him the emphasis is on ourselves because we are usually asking for something.

The major key in praising God simply consists of recognizing God as having no other god

before Him or above Him, not even below Him. Praising God is putting Him first in all things and acknowledging there is nothing or nobody greater than Him.

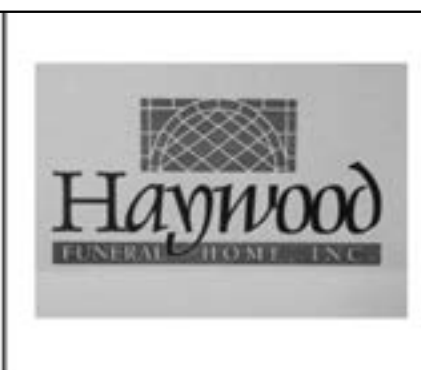
No other Power can speak a command and make things move or materialize. No other Power but God can speak things into existence. No other power can create a living human soul out of pure dirt. No other Power owns the entire universe. All things God created needs no fixing or repairing. No ocean needs fixing, no sky or cloud needs fixing. No star needs fixing. No wind needs fixing. No sun needs fixing.

All that needs fixing is our poor souls as it makes the remarkable transition through the blood of Christ. Nobody can fix the wretched soul and keep it out of hell fire but the God Who has no equal. A God who sits high and looks low. A God who will eventually put the worldly evil things under His feet.

It is this God who deserves all praise for He is King. Not that He will become King. Jesus is already King and there will be no one who will be able to stop Him from sitting on heaven's throne with His Father.

When we give the fitting praise, we too will be able to sit beside Jesus on the throne with His Father. Praise God from Whom all Blessing Flow!

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# Editorials

## Editorial Policy

Unsigned editorials in this space are the opinion of the newspaper. All other opinion pieces, including those from regular columnists, are the opinion of the writers themselves. The Carolinian strives to provide provocative commentary that is likely to spur thoughtful debate, regardless of whether we agree with it.

## Information is the Best Defense Against COVID

By Dr. Valda Crowder  
Black Women for Positive Change

(TriceEdneyWire.com)—Coronavirus has infected the most protected person in the world for the second time in a row. First President Trump, now President Biden, have had COVID-19. And we cannot forget about Vice President Harris's infection.

The news about the 46th President of the United States in quarantine raised a growing number of questions. If Biden who was so careful—vaccinated and twice boosted—got COVID, should we even bother with a n95 or kn95 mask? Can we do anything to stop coronavirus? Are we likely to get this virus? Is this pandemic going to end?

Let's move beyond answering a simple "yes" to all of these questions. We need to start with what should we all know to stay healthy or recover quickly. After a week of isolation, the President has tested negative; but then tested positive again.

What can we learn from Biden's experience with COVID?

Knowledge is our best defense during the pandemic. How can you identify risks and address them? In any situation from flying to a busy vacation spot or going to a crowded concert, we can make better decisions armed with more information.

If you are not an emergency medicine doctor facing sick patients on a regular basis, it is hard to keep track of the various flavors of coronavirus. To play an active role in sustaining your own welfare, it is helpful to know about the dominant strain. Read about the White House strategy manage BA.5, released July 12, 2022.

Like mobile phone upgrades with new and better features, the dominant strain of a virus advances, so our thinking must evolve too. We have that in common with the virus, we both want to live as long as possible.

Each version of the Omicron variant of coronavirus from the original version BA.1 to BA.5 represents many genetic changes, known as mutations. In late June, 37 percent of COVID infection cases were the BA.5 subvariant of Omicron, according to the *New England Journal of Medicine*. This number is expected to grow.

We judge viruses based on their ability to mutate. Does a virus have the ability to adapt? If so, how quickly can a virus adapt? For example, measles lacks the skills to adapt quickly. Influenza, like its distant relative the virus associated with COVID-19, is a master of change and does it quickly.

One well-publicized area of mutations is the spike protein, the surface of the virus. It allows the virus to attach and enter cells or more effectively infect us. The latest versions do a better job of infecting us than the original and other versions. This mutation means that we should wear a well-fitted mask indoors and frequently wash our hands with soap and water.

As coronavirus continues to become more transmissible and better able to elude vaccines and antibodies, this is not the

time to relax our guard because it is summertime. Winter may be considered the busy season for COVID-19, but many places are experiencing surges now.

Biden was one of the over 120,000 new cases nationwide a day, according to the CDC Data Tracker. There is so much to learn from the president's positive test results on July 21. The letter from his physician, Dr. Kevin O'Connor is a gold mine of information.

**Testing.** First and foremost, Biden routinely tests. Everyone should have a testing ritual. Dr. O'Connor knows that with a regular testing schedule the president most likely was infected within the past two days, the time of his last negative test.

**Antigen and PCR tests.** When the rapid antigen test came back positive, Biden received a second test, referred to as a PCR or polymerase chain reaction test. The two different tests measure different parts of the coronavirus. The antigen test measures whether or not you are contagious. Check the expiration date before using a test. The federal government mailed tests with one-month expiration dates.

The PCR test, considered more reliable, determines whether you have fragments of the genetic material in the coronavirus. Together the two tests confirm that the President has COVID with a high degree of accuracy.

**Therapy.** This information from the two tests coupled with mild symptoms allows the doctor to know that Biden was a good candidate for PAXLOVID, an antiviral which produces the best results early in the COVID life cycle. The medication prevents BA.5 from infecting new cells.

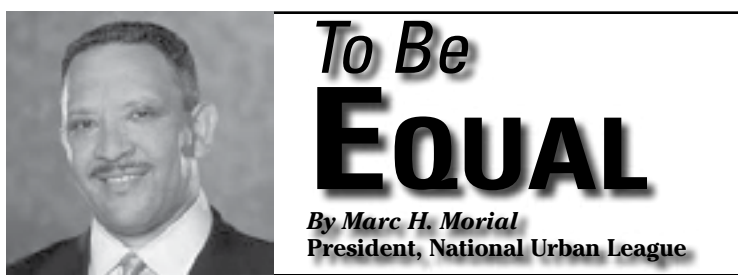
PAXLOVID is two pills of NIRMATRELVIR, a new protease inhibitor, and one tablet of RITONAVIR, an older drug known as half an HIV treatment regiment, taken twice a day for five days. Anyone with significant liver or kidney disease should seek medical advice from their physician before taking this medicine. Doctors may prescribe a lowered dose or no medicine depending upon the severity of their liver or kidney disease.

One note of caution is that some cases appear to improve and later rebound with symptoms returning to the patient. This just happened to Biden who tested positive again after the PAXLOVID treatment.

**Contact Tracing.** The White House announced that staff will notify people who came in close contact with the President and need to test themselves. Anyone who test positive should tell their colleagues, friends, family and others who were close to them in the past five days to test for COVID.

**Treatment Plan.** Following the CDC recommendation, Biden isolated for five days. Under a doctor's care, Biden monitored his symptoms to make sure that they do not get worse. When he had a fever associated with COVID-19, he took acetaminophen (TYLENOL).

**Dr. Valda Crowder is an emergency medicine physician; chair, Health Committee, Black Women for Positive Change.**



## To Be EQUAL

By Marc H. Morial  
President, National Urban League

**NICHELLE NICHOLS' LEGACY: "OUT OF THIS MADNESS, UHURA APPEARED"**

"Everybody, come quick, come quick; there's a black lady on television and she ain't no maid!"

—Whoopi Goldberg

Fed up with racist insults on set and longing to make her way as a Broadway musical star, "Star Trek" actress Nichelle Nichols already had given showrunner Gene Roddenberry her letter of resignation when she met Martin Luther King, Jr., at a Beverly Hills fundraiser.

He implored her not to quit, telling her that "Star Trek" was the only television show he and his wife allowed their three young children to stay up and watch. "For the first time on television, we will be seen as we should be seen every day, as intelligent, quality, beautiful, people who can sing, dance, and can go to space, who are professors, lawyers. If you leave, that door can be closed because your role is not a Black role, and is not a female role; he can fill it with anybody—even an alien."

Nichols retrieved her resignation letter—Roddenberry had torn it into pieces, and went on to inspire not only a generation of entertainers and artists but real-life astronauts as well. Before launching into history aboard Space Shuttle Endeavour in 1992, Mae Jemison, the first Black woman to travel into space, called Nichols to thank her for the inspiration.

Nichols, who passed away last month, portrayed a character who exuded intelligence, glamor, competence, and an authority that was respected by men and women of all backgrounds at a time when such roles were rare not just on television, but in American life.

"Black people of all abilities and professions were still being relegated to the corners of restaurants, hotels and offices," journalist Stacy China wrote in the *New York Times*. "Black

(See **TO BE EQUAL**, P. 11)



## A Different Voice

By Dorothy Shaw Thompson

### WHO'D A THUNK IT?

I don't know about you but I had thought by now America would have gotten so much better than this. Was I incorrect to be optimistic or am I wrong to be pessimistic now? My answer to both questions is yes. As the news came out this past week that the FBI had to go to Florida to the home and resort of former President Donald Trump to retrieve materials that should never have been taken in the first place, we shouldn't have been surprised. I'm wondering did the man have any courses in American History, Political Science, the Constitution...? Anything? Does he think laws don't apply to him and if so, why? There are some clues in his niece's book, *Trump*. I will not go into what those clues are but I will say that it could easily be titled, *How to Raise a Narcissist*.

What is just as difficult to understand is the people who are in cahoots with the man. Did they really think he was going to get away with this? How could they go along and what did they plan to do with these materials? This to me is serious business, but his Republican spokesmen on Fox News are defending him and the party's LAWMAKERS are doing the same. I think all of this in their minds is their inability to get over the resignation of the late President Nixon and the impeachment of his vice president. Though during those times there were Republicans who saw the wrong in what Nixon and Agnew did and stood up like statesmen, these lingerers who are the loud voices now, must have thought that those two should have gotten away with what they did. These people are two-faced: they impeached Clinton and wanted to impeach his wife as Secretary of State. They sure tried hard enough but they need to learn that you can't do wrong in plain sight and expect to be ignored.

Now I've heard that they want to say that the FBI planted documents. So does that mean they are admitting that they had illegally obtained material? Now they are saying that boxes of

(See **A DIFFERENT VOICE**, P. 11)



## Becoming Sarah

### TO BE SEEN

Have you ever wondered what it was like to be seen? I'm not talking about having someone physically looking at you, I'm talking about the *seen* that matters. To have someone or society to look at you and see all of you with no infractions—just

you. Not the color of your skin and associate you with a stereotype. Not the kinkiness of your hair and associate you with a status level. To not hear an accent or a language barrier and associate it with a lack of knowledge but to see you and all you have to offer.

A couple months ago, I was working as a nanny and the mother comes home and we start talking about how her 3-year-old will be starting school soon. Coming from New Jersey to North Carolina there is a huge blip in the diversity of the area. Like many moms, she wanted her child to be exposed to everyone. She wanted the diversity of her hometown, because with that she knew her kids would get a real look of the real-life world. She was afraid that having her kids surrounded by people who look like them they would begin to see other people differently. As a Black woman who has nannied for this White family for years, I've watched these kids grow up since they were a few months old. When the mother looked at me and said that she didn't want her kids to see color, she just wanted them to know people were people I knew I had done this family an injustice.

After our conversation I started asking myself so many questions. I wondered how the children I watched saw me, how the cashier at the grocery store saw me, how my friends and family saw me and wondered who saw color first. I wondered if I should have done more with those kids. I had been almost raising them for the past few years and I wondered

(See **BECOMING SARAH**, P. 11)



## CONSERVATIVELY Speaking

By Paris Dennard

### BUILD BACK BETTER?

"Build Back Better" is a phrase that we've heard President Joe Biden repeat ad nauseam over the past two years, but as we all can see and feel, things are not better. As millions of children head back to school the question for Democrats is: are things better for parents and kids starting a new school year?

The answer is no. Parents are struggling to make ends meet, with the majority of Americans—nearly 61 percent in June—living paycheck to paycheck. With inflation eating up any wage gains and gas prices remaining more expensive than last year, Americans, parents, grandparents, and caregivers are in a tough economic spot. Americans shouldn't have to worry about getting kids what they need to have a successful year at school.

Meanwhile, in the most recent jobs report, the Black unemployment rate increased from 5.8 percent to 6.0 percent, the Black male unemployment rate increased from 5.3 percent to 5.7 percent and the Black youth unemployment rate increased from 16.1 percent to 20.3 percent.

Drew Davidson of North Carolina said: "You definitely see an increase from the little things... it's a private school, so just the tuition—you've got to stay ahead of the game, try to keep that money to the side, do little things here and there just to stay ahead." The National Retail Federation reports that expected spending on back-to-school-related items has gone up by 41 percent since 2019. That amounts to families spending over \$860 per household on the essentials for school-age children. At a time when gas, groceries, goods, and services are all more expensive, it is clear that parents have been left

(See **CONSERVATIVELY SPEAKING**, P. 11)



## Child Watch

By Marian Wright Edelman

### WE BELONG IN HISTORY

History is important. If you don't know history it is as if you were born yesterday. And if you were born yesterday, anybody up there in a position of power can tell you anything, and you have no way of checking up on it.

—Howard Zinn

Earlier this week staff at the Children's Defense Fund-Texas joined students, parents, teachers, and coalition members of Teach the Truth: Texans United Against Censorship in Education at a State Board of Education meeting on proposed changes to the state's social studies curriculum. Texas is one of many states reexamining what history schools will be expected and allowed to teach, and when young people were given their turn to speak, current Texas middle school, high school, and college students shared comments like these:

"We deserve to have ourselves reflected in the courses we study."

"It's important to accurately teach history to prepare your future leaders to make informed decisions with proper historical context. It is just as important for students to understand the diversity of the human experience."

"I'm here as a student to ask for a public education system with an accurate representation of the history of America."

CDF-Texas Youth Civic Education and Engagement Intern

(See **CHILD WATCH**, P. 11)



# Letters To The Editor

## What We Blacks Need To Do Part 2

To The Editor:  
We need to turn off all electrical or battery-operated devices for at least 90 minutes every two weeks, sit around the dinner table, and have a family discussion. This family meeting will help us learn to respect, understand our differences, and LOVE our family members better.

The topic for this week, is. IF WE RESEARCH THE CANDIDATES, ISSUES, REGISTER AND VOTE ALL BLUE IN RECORD NUMBERS, WE SHALL SEE A RAM IN THE BUSH ON NOVEMBER 8th. We elected and reelected President Barack Obama so the question is not can we, but will we? My wife and I will do our victory dance to the song written by one of Motown's poet laureate, Curtis Mayfield, and performed by the angelic Staple Singers, "Let's Do It Again." Will you join us??? Hebrews 11:1 "Now faith is the substance of things hoped for, the evidence of things not seen."

James Jerome Hankins

# Other Viewpoints

## SECRETARY OF STATE RACES ARE IMPORTANT

By Julianne Malveaux

Cal State LA.

(TriceEdneyWire.com)—Democrats play checkers, and Republicans play chess. That's why the Reagan Revolution, which kicked off in 1980, worked. President Ronald Reagan pledged to trim government bureaucracy, install conservatives into administrative government positions, and deliver a conservative agenda. He didn't do it in a day or a week; it took years for his plan to take hold.

Newt Gingrich's Contract on America, introduced in the 1994 congressional campaign, successfully ushered a Republican congressional majority, even though President Bill Clinton was the Democratic leader. Their theme—reduce taxes, enact welfare reform, and cut the size of government. In the nearly 30 years since the Contract on America (they called it the Contract for America, but it was an attack on America) was implemented, its strange fruit is still being harvested.

Conservative Republicans have become rabid co-signers of the putrid agenda of the 45th President of the United States. Republicans who know better have chosen to be quiet in the face of neo-fascist election deniers who prefer winning to integrity. These folks think long-term, while Democrats prefer to indulge in internecine squabbling, short-term thinking, and unfocused resistance.

Thus, the Democratic focus on mid-term elections has not sufficiently amplified Biden's victories, and there are many. More importantly, Dems have been far more focused on the top of the ticket than the bottom. Election deniers are running for state and local offices, and electing them will have ramifications in 2022 and 2024. The Democratic National Committee needs to spend money focusing on some of these down-ballot elections. Congressional and Senate races are important. So are Secretaries of State.

In most states, the Secretary of State determines how elections are run. They choose the voting machine vendors and decide on election rules regarding early voting, mail-in voting, and more. They certify election results. That's why the former President called Georgia Secretary of State Brad Raffensperger, asking him to "find" enough votes to overturn President Biden's narrow victory in that state. Raffensperger declined to meddle in the election results, which resulted in the former President endorsing his opponent in the May Georgia primary.

That hasn't stopped the former President and his allies from their election denial. And it has not prevented the twice-impeached President from endorsing his supporters who might alter the course of future elections.

Secretaries of State certify election results. The former President's allies, supported by him, will likely bend the rules to "find" votes to prevail in upcoming elections.

Republican Jim Merchant is the Republican nominee for Secretary of State in Nevada. He is also the founder of the American First Secretary of State Coalition. Not surprisingly, this group advocates same-day voting only, purging voting rolls, and other measures to limit voting rights. There are 27 Secretary of State elections this year. Currently, 22 Republicans are Secretaries of State, compared to 20 Democrats. Every Republican Secretary of State has not pledged allegiance to the 45th President.

Raffensperger is proof enough of that. Still, the Republican Party has imposed a loyalty oath on those who value integrity over the favor of a cult-like former President. How many have the courage of Raffensperger to resist the siren call of the former President?

Republicans ran in 14 primary elections for Secretary of State. Many are election deniers who still think that the disgraced President won the 2020 election. Mark Finchem, the winning Republican candidate for Secretary of State in Arizona, is an election denier who would like to "decertify" the 2020 election. He's in bad company. Six of the 14 people endorsed by the America First Secretary of State Coalition won their elections in Arizona, Indiana, Michigan, Nevada, New Mexico, and Pennsylvania. These people can change election rules to limit participation and steal elections.

Too many voters look at the top of the ticket and no further. In ignoring Secretary of State elections, they are turning the future over to the election deniers who have already said what they will do in 2024. They will change the rules, purge the voting rolls, and "find" how many votes the former President needs to win.

Democrats cede the future to those Republicans playing the long game by promoting election-denying Secretaries of State. When Democrats play checkers, we allow the chess players to claim the victory.

Dr. Julianne Malveaux is an economist, author, and Dean of the College of Ethnic Studies at Cal State LA. [juliannemalveaux.com](http://juliannemalveaux.com).

## CRACKER BARREL'S OFFERING A NEW SAUSAGE OPTION. THE RESPONSE IS BANANAS.

By Thomas L. Knapp

William Lloyd Garrison Center

In an effort to keep up with the times and serve a profitable market segment, southern-style comfort-food restaurant chain Cracker Barrel recently added a new item to its menu.

"Experience the out of this world flavor of Impossible™ Sausage," the "Old Country Store" announced in an August 1 Facebook post, accompanied by a photo of two of the plant-based patties.

Responses across thousands of comments vary from gratitude to "meh, I'll stick with the real thing" to... well, here's a somewhat representative sample from commenter "Barry Deaton":

"I just want to know why all these companies feel that they have to follow the leader on all of this crap. Cracker Barrel is a great company and they got great Without Woke Meat. Get the message most people don't want this crap. You are only appealing to a small percentage of people. I still love Cracker Barrel but please stick to your roots."

Yes, there are even calls going around for a boycott.

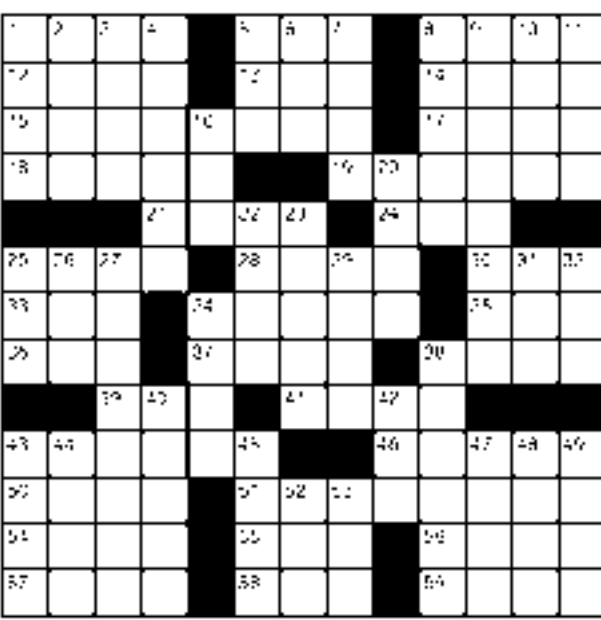
My priors were, thankfully, not confirmed when I clicked on a link to a piece by minister Brett Younger at Baptist News Global titled "Are left-wing radicals pushing Cracker Barrel to the edge of the slippery slope?"

"They call it 'comfort food' for a reason, writes Younger. "It makes us feel comfortable. The latest silliness is not about sausage but fear of change. Social media magnifies our foolishness, so we need to

# King Crossword

### ACROSS

- 1 Felines
- 5 Discoverer's cal
- 8 Brewer's kiln
- 12 Owl call
- 13 Massage
- 14 Leg joint
- 15 Not-so-noble protagonist
- 17 Rot
- 18 Green sauce
- 19 Realm
- 21 Penny
- 24 He o
- 25 Persian ruler
- 28 Knitter's need
- 30 Assoc
- 33 Bit of wit
- 34 Rehab process



- 35 - chi
- 36 Even so
- 37 Slanted type (Abbr.)
- 38 Carrot
- 39 Hollywood's Lup no
- 41 Taken live
- 43 Burning
- 46 I us' b of "Gig"
- 50 Songs for one
- 51 Daughter of Odysseus
- 54 Min. follower
- 55 Hal of XIV
- 56 Sand forth

### DOWN

- 1 Block
- 2 First-rate
- 3 Youngsters
- 4 Do-headed work
- 5 Row mineral
- 6 Ber- -
- 7 Slender
- 8 Giraffe's w
- 9 Poison nerve dy
- 10 Char
- 11 Head lo Henri
- 16 Wooding tool
- 20 Tailless cat
- 22 Russian
- 23 Early
- 25 Covert agent
- 26 Colonial
- 27 Cuba
- 28 Actor's quest
- 31 Cold and damp
- 32 Tom's mixer
- 34 Actress
- 36 Put on, as a play
- 40 Dagwood's dog
- 42 High school sub.
- 43 Wine region
- 44 Boxing match
- 45 Flood overhang
- 47 Former Dallas QB Tony
- 48 Taking action
- 49 Tennis barriers
- 52 Weed bite
- 53 Spanish aunt

think about which wars are worth fighting."

Can I get an amen?

Cracker Barrel isn't "going woke." Cracker Barrel is noticing a market opportunity and hoping to profit from it.

Somewhere between 5 percent and 10 percent of Americans (depending on which poll you look at) consider themselves "vegetarians" or "vegans."

More than one in five Americans say they're eating less meat, mostly for health reasons.

That's a lot of people buying and eating a lot of food.

If I had to guess at Cracker Barrel's demographic focus, I'd guess it's on the high side—lots of early Gen Xers and Boomers, many of whom have been told by their doctors to cut back on the meat (especially red meat) for heart health, to reduce cholesterol levels, etc.—and families with internally diverse dietary needs and preferences.

That's why Cracker Barrel's menu already includes options like chicken sausage links and egg whites.

Let me emphasize: Options!

You can still get "Grandpa's Country Fried Breakfast": "Two eggs with choice of Breakfast Side plus Country Fried Steak or Fried Sunday Homestyle Chicken. Served with Biscuits n' Gravy."

You can still get the "Country Boy Breakfast"—three eggs, sirloin steak AND ham, and biscuits with gravy.

They're not going to chain you to a chair and force-feed you egg whites and Impossible™ Sausage.

You could also drive through Burger King and order an Impossible™ plant-based Whopper, or the original with a beef patty.

## TO BE EQUAL

Continued from page 10

women, if ever mentioned in the larger media, were portrayed as either loud, undignified troublemakers or genial, overweight maids and nannies who supposedly delighted in doting on White folk's children.

"Out of this madness, Uhura appeared."

Representation for people of color in the entertainment industry is a founding principle of the Martha's Vineyard African-American Film Festival, celebrating its 20th anniversary this week. The National Urban League continues to be an active participant in the festival, hosting and participating in panels and discussions, including a conversation with filmmaker Andre Gaines, whose film *After Jackie* tells the story of the second wave of Black baseball players after Jackie Robinson—Bill White, Curt Flood and Bob Gibson—"who put their lives on the line to integrate baseball and demand a fairer, more inclusive America for African-American athletes around the world."

This year marks the 50th anniversary of a Supreme Court ruling known as the Curt Flood decision that opened the door for free agency in Major League Baseball. The film has re-ignited the push to induct Flood into the Hall of Fame.

"One of the powers of this festival, and the work that [festival organizers Stephanie and Floyd Rance] have done, is to lift up stories that too often have been lost in the flow of time," said former President Barack Obama, producer of another festival entry, *Descendant*, a documentary about the descendants of the slave ship *Clotilda*. "Because we believe that everybody's stories matter. Everybody's got a sacred story that motivates us, moves us. It's not just a matter of nostalgia. It powers us into the present and the future."

Visibility for Black history, for the diversity and richness of Black experiences, are essential in breaking down Black stereotypes and shattering the myth of White supremacy.

"There is still a very long way to go in the representation of Black women and femmes on modern-day screens and stages, but Nichelle played a pivotal role in shifting our stories out of the lives of servants and sidekicks," wrote actress Celia Rose Gooding, who reprises the role of Uhura in a Paramount+ series. "She taught us we all deserved to have our dreams come true because our dreams mattered, whether we were officers with a hand in protecting the future, space explorers, dancers who bring smiles to their spectators, or those of us with songs in our hearts we must set free."

"And she taught us we deserved representation and the preservation of our futures not only because of what we could do for the world, but simply because it was our God-given right."

## A DIFFERENT VOICE

Continued from page 10

of the lawyers' "client" information were taken. Well, how were they labeled and what were they don't at Mar-A-Lago? Then Trump says, "If I knew that they wanted them I would have sent them before." Come on now, Donald, surely you can read... But just in case, some true friend, give him a dictionary... and help him look up subpoena, confidential, property of, and do not remove.

America is reaping, people and I must look closely at myself. In a sense I have also been naïve. The seriousness of the election of "The Donald" is no fly-by-night occurrence. We know that this land was taken from the people who lived here and was described in our history books as "discovered." We know that human beings were kidnapped and enslaved and that the riches of this country can be traced back to the cruelty of free and inhuman labor practices. We know that there are those who want to call slavery "displacement" and that right now there are those attempting to keep legal citizens from voting. We know that it is wrong to steal and lie. We do know that, don't we? So how did we think that God's edict that we reap what we sow would not apply to America? So yes, I was foolishly optimistic but guess what, I am still optimis-

tic but not because I'm foolish but because in the final analysis I believe in God and though I can see that Satan has a plot, I am confident that God has a plan.

## BECOMING SARAH

Continued from page 10

why I didn't talk about our differences in a beautiful way.

If the kids grew up how they are now, they would grow up thinking I am just like them. They would think my life is the same as theirs, that my struggles were the same as theirs and that society saw me the same as they did. In a perfect world this would be fine if it were true, but in our reality, I was allowing them to be colorblind. They would see the world, but it would lack depth.

Growing up in such an undiverse area, I had lived hoping that people would "see past my Blackness." I had trained myself to believe that being invisible was better than being the butt of a joke. Being invisible was easier than educating. As an adult, the micro-aggressions or the jokes wouldn't stop me in my tracks as they once did when I was younger. Before, I didn't live highlighting the uniqueness in my color like I do now.

I sometimes think of what school would have been like having the connection to my color that I do now. I say connection because that's what my skin is to me. To be Black is to be like my brothers. To be black is to be like my parents. To be Black is what connects me to years of history. To be Black is what connects me to my journey.

There is such a strength and beauty to seeing color. It was something that many of my peers had been robbed of or been taught to see incorrectly.

I asked six friends if when we first met, they saw my color or saw me as a regular human being. Out of the six friends I asked only three admitted to seeing my Blackness firsthand. Two of those friends were Black themselves but the last one wasn't. I could easily connect to my friends of color in their response to seeing my Blackness. We met in an undiverse high school where we craved to be surrounded by people like us. In my color they found comfort and safety. It's what drew them to me and me to them. It's something that I still do this day I do when entering a new space. My last friend saw my color because without it, she thought it was ignorant to ignore. She says if she chose to not see my color, she chose to not see my culture—she chose to not hear my story.

The longer and longer I go through life, the more and more I realize that to be seen you must be willing to show. To be seen you must be willing to live. And to be seen you must be willing to teach. So, I challenge you to present yourself to the world the way you want to be seen. In all its color. In all its glory.

## CONSERVATIVELY SPEAKING

Continued from page 10

something in this Biden economy. A recent survey indicated that families in North Carolina expect to spend 38 percent more on school supplies because of inflation.

Earlier this month, I had the opportunity to attend a special event at the Republican National Committee Black American Community Center in Jacksonville, Fla. where we held a back-to-school drive and education roundtable for local families. I was overwhelmed by the number of Black mothers there with their young children who wanted to hear about the GOP, have a nice dinner for their family, and receive a backpack and all the traditional back-to-school essentials donated by the community, several GOP organizations, and committees.

During the discussion, a local single mother who has turned into an advocate for parents and children in Florida touched on how hard things are right now, especially for Black Americans living in this economy and in Democrat-run cities.

There were so many head nods as we touched on important issues such as school choice, indoctrination of our children with progressive values, inflation, and public safety. The issue of COVID-19 and its disproportionately negative impact on Black families really hit close to home with them because it set back many families financially, emotionally, and academically.

COVID-related debt is a real issue that is now compounded by the recession that we are living in. Menyuan Jordan talked about this issue and how it impacted her family saying, "We are drowning in debt, my husband just had to take out money from his 401(k) just to pay the debt that we accumulated during COVID because I couldn't work." Many Black women were not able to work because their children were at home falling behind academically behind a computer screen because schools were on lockdown. That is why it is unfathomable why liberal Washington, D.C. Mayor Muriel Bowser and the City Council would propose another discriminatory youth vaccine mandate for children to return to in-person school. That amounts to nearly 40 percent of Black D.C. school children being forced to stay home and fall further behind should their parents choose not to abide by the D.C. government mandate.

The idea that big government is the solution to helping our children just doesn't work. Look at the lack of improvement and advancement for so many urban public schools that are being inundated with taxpayer money with no real results. We need to do better for students who get trapped in failing public schools without the hope of their parents having a choice in education. School choice is the answer.

It is great to see Republican leaders like U.S. Senator Tim Scott and U.S. Congressman Burgess Owens introduce legislation called the Raising Expectations with Child Opportunity Vouchers for Educational Recovery (RECOVER) Act, which is co-sponsored by your very own Senator Thom Tillis.

This legislation recognizes the fact that 93 percent of the \$122 billion appropriated for America's schools during COVID has yet to be spent. This bill would take that unspent money and put it to good use for scholarship opportunities for low-income families to cover tutoring services, private school tuition, books, testing fees, and educational therapies for children with disabilities.

Parents need every opportunity to provide the best for their children academically. The policies of the Biden-Harris administration are a roadblock to that success and come November, parents will have a chance to let their voices be heard by putting Republicans in office.

Paris Dennard is the National Spokesperson and Director of Black Media Affairs for the Republican National Committee. Follow him on Twitter: @PARISDENNARD.

## CHILD WATCH

Continued from page 10

Alisha Tuff put her thoughts this way: "It is time to strengthen African-American/Black, Latino, Hispanic, Asian, Pacific Islander, Indigenous, women, and LGBTQ+ voices in the curriculum. This country was built on the backs of many of these people. It is time to honor all of our experiences. We are going to be the generation that changes things... We will not allow the whitewashing of our ancestors' experiences to prevail. We have the power to influence education reform, and our collective voices will lead to the education we deserve. We are the protectors of our ancestors' stories. We belong in history, and we will no longer allow our existence and history to be tarnished."

I was blessed to have Howard Zinn as one of my own history professors and mentors at Spelman College. An eloquent chronicler of The People's History of the United States, the Civil Rights Movement, and the longings of the young and the poor and the weak to be free, he understood and taught us the importance of history. He also taught us to stand up and feel empowered to act and change our own lives and the community and region in which we lived. This is a lesson these students already understand. Young people are speaking up, and their voices are yet another reminder that all children need to be taught the full truth about their own and others' history in our increasingly multicultural nation and world; that Black, Native American, Latino, Asian American, LGBTQ, immigrant, and women's history are all American history; and that none of our children can afford mis-education and ignorance about the rainbow of others around them. Only the truth will set us all free!



# Classifieds

## LEGALS

### DURHAM COUNTY

#### NOTICE TO CREDITORS

The undersigned, Peter Brandon Reintjes, having duly qualified as Administrator of the Estate of Lea Francine Freeman, deceased, late of Durham County, North Carolina, hereby notifies all persons, firms and corporations having claims against the Estate to present them to the undersigned in care of Ronald G. Coulter, Attorney for the Estate, 3400 Croasdaile Drive, Suite 205, Durham, North Carolina 27705, on or before October 28, 2022 or it will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the Estate will please make immediate payment.

This the 28th day of July, 2022.

Peter Brandon Reintjes  
Administrator  
C/O Ronald G. Coulter  
Attorney at Law  
3400 Croasdaile Drive  
Suite 205  
Durham, NC 27705  
1-919-246-5775  
July 28, August 4, 11, 18, 2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

#### NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

**File Number 2022 E 000941**  
The Undersigned, having qualified as Administrator of the Estate of Barbara Poole Barham, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 28th day of October 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 28th day of July, 2022.

Melissa Barham Myers  
Administrator  
306 Pleasant Dr  
Durham, NC 27703  
7/28, 8/4, 8/11 and 8/18/2022

#### NOTICE TO CREDITORS

**File No. 22 E 805**  
Having qualified as Executrix of the Estate of William Michael Guilfoyle, Jr. of Durham County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 28th day of October, 2022, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 28th day of July, 2022.

Eleanor T. Hanson  
Executrix  
c/o Richard F. Prentis, Jr., Stubbs, Cole, Breedlove, Prentis & Biggs  
4 Consultant Place  
Durham, NC 27707  
7-28, 8-4, 8-11 & 8-18, 2022

#### NOTICE TO CREDITORS

The undersigned, Irma Tuulikki Isojarvi, having duly qualified as Administratrix of the Estate of Jouko Ilkka Isojarvi, deceased, late of Durham County, North Carolina, hereby notifies all persons, firms and corporations having claims against the Estate to present them to the undersigned in care of Ronald G. Coulter, Attorney for the Estate, 3400 Croasdaile Drive, Suite 205, Durham, North Carolina 27705, on or before October 28, 2022 or it will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the Estate will please make immediate payment.

This the 28th day of July, 2022.

Irma Tuulikki Isojarvi  
Administratrix  
C/O Ronald G. Coulter  
Attorney at Law  
3400 Croasdaile Drive  
Suite 205  
Durham, NC 27705  
1-919-246-5775  
July 28, August 4, 11, 18, 2022

#### NOTICE TO CREDITORS

**File No. 22 E 951**  
Having qualified as Executor of the Estate of Susan Maxwell Sauls of Durham County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them

to the undersigned on or before the 4th day of November, 2022, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 4th day of August, 2022.

Joseph Maxwell Lodwell  
Executrix  
c/o Richard F. Prentis, Jr., Stubbs, Cole, Breedlove, Prentis & Biggs  
4 Consultant Place  
Durham, NC 27707  
8-4, 8-11, 8-18 & 8-25, 2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

#### NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

**File Number 2022 E 000642**  
The Undersigned, having qualified as Executor of the Estate of Mary F Fletcher, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 4th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 4th day of August, 2022.

Lynne F Williams  
Executrix  
111 Beechwood Drive  
Youngsville, NC 27596  
8/4, 8/11, 8/18 and 8/25/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

#### NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

**File Number 2022 E 000993**  
The Undersigned, having qualified as Executor of the Estate of Emily Louise Dashner, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 4th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 4th day of August, 2022.

Roger J Dashner  
Executrix  
907 Toxaway Dr  
Hendersonville, NC 28791  
8/4, 8/11, 8/18 and 8/25/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

#### NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

**File Number 22 E 896**  
The Undersigned, having qualified as Executor of the Estate of James Benjamin Horton, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 4th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 4th day of August, 2022.

Lessie Meadows-Horton  
Executrix  
4202 Pin Oak Dr  
Durham, NC 27707  
8/4, 8/11, 8/18 and 8/25/2022

#### NOTICE TO CREDITORS

Having qualified as Executor of the Estate of VASILY GONCHAROV, deceased of Durham County, N.C. On the third day of August, 2020, the undersigned does hereby notify all persons, firms, and corporations having claims against said estate to exhibit them to the undersigned at the office of the attorney for the Estate on or before the 12th day of November, 2022 or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment to the undersigned.

This the 4th day of August, 2022.

CALVIN PLEASANTS  
Executrix  
c/o Leslie O. Wickham Jr.  
Attorney At Law  
3310 Croasdaile Drive, Suite 500  
Durham, N.C. 27705  
8/4, 8/11, 8/18 and 8/25/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

#### NOTICE OF SERVICE

#### OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

**File Number 2022 E 001010**  
The Undersigned, having qualified as Executor of the Estate of Brenda Y. Crenshaw, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 11th day of August, 2022.

Cynthia Crenshaw  
Executrix  
5850 Westower Drive Apt G  
Richmond, VA 23225  
8/11, 8/18, 8/25 and 9/1/2022

#### NOTICE TO CREDITORS

**FILE NO 21 E 851**  
Linda Winston Prather died on 01/13/2021 in Durham County, NC Court file 21E851. All persons, firms or corporations indebted to Linda Winston Prather will please make immediate payment. Those having claims against Linda Winston Prather are to present them before 11/16/22 or this Notice may be pleaded to bar the claim.

Claims may be sent to William G. Harriss, Attorney for the estate at Arges Law Firm  
3200 Croasdaile Drive  
Suite 706  
Durham, NC 27705  
Diane Adamson  
Administrator  
8/11/22, 8/18/22, 8/25/22, 9/01/22  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

#### NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

**File Number 2022 E 001002**  
The Undersigned, having qualified as Executor of the Estate of Phelena Mebane Hughes, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 11th day of August, 2022.

Omega L Mebane  
Executrix  
13123 Ashford Woods Lane  
Charlotte, NC 28278  
8/11, 8/18, 8/25 and 9/1/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

#### In The General Court Of Justice District Court Division

**File Number 22-CVD-686**

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION**  
To: JOHN DOE,

Defendant.  
Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is for child custody. You are required to make defense to such pleading no later than September 20th, 2022 said date being at least forty (40) days from the first publication of this Notice, and upon your failure to do so, the Plaintiff, MARTINA EUNICE PEREZ ROBLERO, will apply to the court for the relief sought.

This, the 11th day of August, 2022.

Aneta Paval, Esq.  
Paval Law Offices, PLLC  
7404 Chapel Hill Rd  
Suite M  
Raleigh NC 27607  
Telephone: (919) 410-6690  
8/11, 8/18, and 8/25  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

#### NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

**File Number 22 E 944**  
The Undersigned, having qualified as Administrator of the Estate of Julianna Accius, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of November 2022, or this notice will be pleaded in bar of their

recovery.  
All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 11th day of August, 2022.

Calcy Accius  
Administrator  
1050 Audace Ave, Unit 102  
Boynton Beach, FL 33426  
8/11, 8/18, 8/25 and 9/1/2022

#### NOTICE TO CREDITORS

The undersigned, Rhonda K. Barnes and Loftin W. Barnes, Jr., having duly qualified as Co-Executors of the Estate of Irene Robbins Barnes, deceased, late of Durham County, North Carolina, hereby notify all persons, firms and corporations having claims against the Estate to present them to the undersigned in care of Ronald G. Coulter, Attorney for the Estate, 3400 Croasdaile Drive, Suite 205, Durham, North Carolina 27705, on or before November 11, 2022 or it will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the Estate will please make immediate payment.

This 11th day of August, 2022.

Rhonda K. Barnes/Loftin W. Barnes, Jr.,  
Co-Executors  
C/O Ronald G. Coulter  
Attorney at Law  
3400 Croasdaile Drive  
Suite 205  
Durham, NC 27705  
1-919-246-5775

August 11, 18, 25 and Sept 1, 2022  
NORTH CAROLINA  
DURHAM COUNTY

#### In The General Court Of Justice Superior Court Division

**21 SP 861**

**Statutes § 28A-22-3 & § 1A-1**

**Rule 4**

In the Matter of  
Diane Adamson, Administrator  
of the Estate of Linda Winston  
Prather, Deceased (estate File No.  
21 E 851, Durham County)

v.

Tammy Speed; Grace Russom;  
John R. Prather; Carl Prather;  
Philip Prather; Gayle Johnson;  
Martha Mooseman; Jim Prather;  
Tommy Prather; Elaine Burden; Joe  
Prather; Jane Isabel; Shirley Prather  
Crews; Steven Caruthers; Juli Wil-  
liams; Debbie Alexander; Christy  
Curtis; Kathy Hansford; Robert  
McKnight; Jackie Perez; The Estate  
of Beverly Kay Blanton Key, de-  
ceased, a/k/a Brevia Kay Blanton  
Key; Brenda Blanton Moss; Spen-  
cer L. Woods Jr.; Pat Green Gos-  
tanian; Anita Green Brower; Jarrell  
(Keith) Green; Attorney Catherine  
L. Wilson for Brianne Jones Wil-  
liams, Richard Lynn Jones, Brittney  
Hart Dillon, Brian Steven Jones;  
Attorney Thomas J. Neagle for  
Kemp and Associates Inc.; Lei-  
mome Peters Cheeks; Leimome  
Peters Cheeks as Agent under POA  
for Lani H. Peters; The Unknown  
Heirs of the Estate of Beverly Kay  
Blanton Key, deceased, a/k/a Bre-  
via Kay Blanton Key; Estates of  
Post Deceased Heirs, Known and  
Unknown; Guardians and Agents  
of Unknown Heirs; Unknown  
Unnamed Heirs at Law of Linda  
Winston Prather Deceased, if any;  
whose whereabouts, names and  
locations are unknown, whether *In  
Esse*; or *En Venra Sa Mere*, com-  
petent or incompetent, adult or  
minor, and who have or may have  
any interest in the Estate of Linda  
Winston Prather, Deceased;

Respondents.

#### NOTICE OF SERVICE OF PROCESS BY PUBLICATION TO BE PUBLISHED IN DURHAM COUNTY TO: ALL PERSONS WHO MAY HAVE AN INTEREST IN THE ESTATE OF LINDA WINSTON PRATHER, DECEASED.

TAKE NOTICE that a Special Proceeding against you has been filed in the above-entitled action with the DURHAM County Clerk of Court pursuant to N.C.G.S. § 28A-22-3.

The nature of the relief being sought is for the purpose of finally determining accurately the identity of the heirs-at-law of Linda Winston Prather; deceased; and to have an Order entered determining the identity and interest of each heir-at-law.

You are required to identify yourself as a person with an interest in the Estate of Linda Winston Prather by September 23, 2022 by (i) entering your appearance in this proceeding by filing your Notice of Appearance in the above-entitled action with the Clerk of Superior Court; Durham County Special Proceedings, Durham County —Estates, 510 South Dillard St, Durham, NC 27701; and/or (ii) as-  
serting your claim in writing to the

undersigned by September 23, 2022.

Failure to appear will subject and bind you to such orders as may be entered in this matter.

This the 11th day of August; 2022.

Diane Adamson  
Administrator of the Estate of Linda  
Winston Prather; c/o William Har-  
riss Esq., NC Bar No: 1943;  
Of Counsel, Arges Law Firm  
3200 Croasdaile Drive, Suite 706  
Durham, NC 27705  
8/11, 18, 25/22.  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

#### NOTICE TO CREDITORS

THE UNDERSIGNED, having qualified on the 11th day of August, 2022, as Executrix of the ESTATE OF ELIZABETH ANN MCCONNELL, Deceased, of Durham County, North Carolina, does hereby notify all persons having claims against said Estate to exhibit them to the undersigned on or before the 19th day of November, 2022 or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate payment to the undersigned.

This, the 18th day of August, 2022.

MARY MARGARET ARMSTRONG  
EXECUTRIX  
ESTATE OF ELIZABETH ANN  
MCCONNELL  
c/o Jennifer Dalman, Attorney  
Walker Lambe, PLLC  
Post Office Box 51549  
Durham, North Carolina 27717  
8/18, 8/25, 9/1 and 9/8/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk**  
**File Number 22 E 1052**  
The Undersigned, having qualified as Executrix of the Estate of Rose Briggs McCloud, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Chandra Rebecca McCloud Glover  
Executrix  
9608 Bayview Parkway  
Charlotte, NC 28216  
8/18, 8/25, 9/1 and 9/8/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk**  
**File Number 2022 E 000996**  
The Undersigned, having qualified as Executor of the Estate of Melton Douglas Lynam, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Cathi Higgins Turner  
Executrix  
4804 Mistletoe Lane  
Durham, NC 27703  
8/18, 8/25, 9/1 and 9/8/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk**  
**File Number 22 E 979**  
The Undersigned, having qualified as Executor of the Estate of Lisa Marian Humbert, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

undersigned by September 23, 2022.

Jessica Anne Presto  
Executrix  
10594 Evergreen Spring Place  
Raleigh, NC 27614  
8/18, 8/25, 9/1 and 9/8/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk**  
**File Number 2021 E 000954**  
The Undersigned, having qualified as Executor of the Estate of Socratis Gerondelis, a/k/a Socratis E Gerondelis, a/k/a Socratis Eftatios Gerondelis, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Aliki Gerondelis  
Executrix  
712 Continental Drive  
Durham, NC 27712  
8/18, 8/25, 9/1 and 9/8/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk**  
**File Number 22 E 1039**  
The Undersigned, having qualified as Executrix of the Estate of Isaac A Shaw, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Tevis Shaw Ector  
Executrix  
809 Springdale Drive  
Durham, NC 27707  
8/18, 8/25, 9/1 and 9/8/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk**  
**File Number 2022 E 001051**  
The Undersigned, having qualified as Executor of the Estate of Curtis Lee Farrar, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Dana Farrar  
Executrix  
1800 Williamsburg Rd  
Apt 12C  
Durham, NC 27707  
8/18, 8/25, 9/1 and 9/8/2022

**NOTICE TO CREDITORS AND DEBTORS OF**  
**EGBERT L. HAYWOOD, JR.**  
All persons, firms and corporations having claims against Egbert L. Haywood, Jr., late of Durham County, North Carolina, are notified to exhibit them to Gregory Herman-Giddens as Administrator CTA of the decedent's estate on or before November 19, 2022, c/o Galbraith, PLLC, 1340 Environ Way, Chapel Hill, NC 27517, or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator CTA.

This the 18th day of August, 2022.

Gregory Herman-Giddens  
Administrator CTA  
Galbraith, PLLC  
1340 Environ Way  
Chapel Hill, NC 27517  
8/18, 8/25, 9/1 and 9/8/2022



# Classifieds

## LEGALS

### DURHAM COUNTY

STATE OF NORTH CAROLINA  
DURHAM COUNTY  
**NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 22 E 1041**

The Undersigned, having qualified as Executrix of the Estate of Grace A Amrein a/k/a Grace Alena Amrein, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 19th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Linda M Suggs a/k/a Linda Amrein Suggs  
Executrix  
4628 Jimmy Rogers Road  
Durham, NC 27704-8763  
8/18,8/25,9/1 and 9/8/2022  
STATE OF NORTH CAROLINA  
DURHAM COUNTY

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 22 E 1032**

The Undersigned, having qualified as Executor of the Estate of Robert Earle Pate, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 19th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Lori Pate Gaddy  
Co-Executor  
135 Causby Hoyle Road  
Casar, NC 28020  
David Wayne Pate  
Co-Executor  
1076 Grove Circle NW  
Ocean Isle Beach, NC 28469  
8/18,8/25,9/1 and 9/8/2022

### WAKE COUNTY

STATE OF NORTH CAROLINA  
WAKE COUNTY

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 2019 E 000339**

The Undersigned, having qualified as Executor of the Estate of Geneva Byrd, late of Wake County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 28th day

of October 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 28th day of July, 2022.

Ruth Odessa Byrd  
Executor  
1200 Armstrong Circle  
Raleigh, NC 27610  
7/28,8/4,8/11 and 8/18/2022

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION NORTH CAROLINA COUNTY OF WAKE**

**In the General Court of Justice District Court Division File No: 22 CVD 9560**

[CHILD CUSTODY PROCEEDING] JUDITH BAITY & JEREMY SANDERS, Plaintiffs

v.

CARRIE BRANHAM & UNKNOWN FATHER,

Defendants.

To the Unknown Father of a male child born to Carrie Branham on 8/20/2018, in Wake County, NC.

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action and a hearing date of September 26, 2022, has been established. The nature of the relief sought against you is an award of permanent legal custody of the aforementioned child to Plaintiffs.

You are required to make defense to such pleading with the Wake County Clerk of Court no later than September 20, 2021, said date being forty (40) days from the first publication of this notice. Upon your failure to do so, Plaintiffs will appear on September 26, 2022, in Wake County Family Court to apply for the relief sought.

This, the 11th day of August, 2022.

Katherine S. Moyer  
JusticeMatters, Inc.  
Attorney for Plaintiffs  
P.O. Box 58058  
Raleigh, NC, 27658  
919/794-7511, Ext. 9.  
August 11, 18 and 25,2022.

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION NORTH CAROLINA COUNTY OF WAKE**

**In the General Court of Justice District Court Division File No: 22 CVD 9559**

[CHILD CUSTODY PROCEEDING] DEECEE McHOSE & DOUGLAS McHOSE, Plaintiffs

v.

BRITTANY McHOSE & UNKNOWN FATHER,

Defendants.

To the Unknown Father of a female child born to Brittany McHose on 10/24/2021, in Orange County, NC.

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action and a hearing date of September 26, 2022, has been established. The nature of the relief sought against you is an award of permanent legal custody of the aforementioned child to Plaintiffs.

You are required to make defense to such pleading with the Wake County Clerk of Court no later than September 20, 2021, said date being forty (40) days from the first publication of this notice. Upon your failure to do so, Plaintiffs will appear on September 26, 2022, in Wake County Family Court to apply for the relief sought.

This, the 11th day of August,

2022.  
Katherine S. Moyer  
JusticeMatters, Inc.  
Attorney for Plaintiffs  
P.O. Box 58058  
Raleigh, NC, 27658  
919/794-7511, Ext. 9.  
August 11, 18 and 25,2022.

**STATE OF NORTH CAROLINA WAKE COUNTY**

**NOTICE TO CREDITORS File Number 2022 E 003210**

The Undersigned, having qualified as Administration of the Estate of Susie L Wilson, 2212 Evers Dr, Raleigh, Wake County, NC 27610. This is to notify all persons, firms, and corporations having claims against said decedent to exhibit them to the undersigned on or before November 19, 2022. This notice will be pleaded in bar of their recovery.

All persons, firms, and corporations indebted to said estate are notified to make immediate payment.

This the 18th day of August, 2022.

Regina S Wilson  
Administrator  
3756 Whitney Park Ln  
Greenacres, FL 33463  
8/18,8/25,9/1 and 9/8/2022

**NOTICE OF SERVICE OF PROCESS BY PUBLICATION STATE OF NORTH CAROLINA COUNTY OF WAKE**

**DISTRICT COURT DIVISION FILE NO. 19 SP 2837**

## NOTICE TO SUBCONTRACTOR BIDDER PRE-QUALIFICATION REQUEST

### FOR THE WCPSS-REX ROAD ELEMENTARY SCHOOL

Balfour Beatty Construction is seeking to pre-qualify principal trade and specialty contractors to submit bids for the furnishing of labor, material, and equipment for the following Wake County Schools project: Rex Road Elementary School. Balfour Beatty Construction has been selected as the Construction Manager at Risk for this project and will receive bids from and contract with the principal and specialty contractors for the execution of the work. Historically Underutilized Businesses are encouraged to participate; however, the firm must be certified by the Office for Historically Underutilized Businesses (HUB Office) through the Statewide Uniform Certification (SWUC) program. You may begin the certification process at the following website: <http://www.doa.nc.gov/hub/>

Similar project experience will be considered during prequalification. Anticipated bid dates will start in the fourth quarter of 2022. Submittals for prequalification forms may be hand delivered, mailed, or submitted electronically. The deadline for prequalification is 10 days prior to the bid date; however, prompt response is preferred. The CM and Owner reserve the right to reject any and all Pre-qualifications. Contracting method will be through Competitive Public Bid in accordance with Chapter 143 of the NC General Statutes. For further information or questions, please contact Lauren McCauley at 919-233-5001, or by email at [lmccauley@balfourbeattyus.com](mailto:lmccauley@balfourbeattyus.com). Prequalification documents can be accessed through the following link:

<https://bbcus.egnyte.com/fl/YyxD5Gs8rp>

Mailed or hand delivered submittals shall go to the following address:

Lauren McCauley  
Balfour Beatty Construction  
406 South McDowell Street, Suite 200, Raleigh, NC 27601

Project specific bid packages with preliminary budgets can be found below for the Rex Road Elementary School Project.

General Trades—Site Safety BP-01C \$125k, Final Clean BP-01G \$50k, General Trades—Daily Clean Up BP-01H \$160k, Building Concrete BP-03A \$2,089k, Masonry BP-04A \$1,979k, Structural, Decking, Joists and Misc Steel BP-05A \$4,871k, Architectural Millwork BP-06F \$565k, Waterproofing, Caulking & EJ System BP-07A \$530k, Roofing BP-07B \$1,918k, Fireproofing BP-07B \$30k, Exterior Metal Wall Panels BP-07F \$500k, Doors and Hardware BP-08A \$558k, Overhead Doors & Grilles BP-08D \$50k, Glass & Glazing BP-08F \$1,116k, Framing and Drywall BP-09A \$3,825k, Ceilings BP-09B \$470k, Paint and Wallcovering BP-09D \$270k, Resilient and Carpet Flooring BP-09E \$725k, Wood Athletic and Wood Strip Flooring BP-09J \$100k, Terrazzo BP-09K \$101k, Hard Tile BP-09L \$203k, Tile and Terrazzo Combination BP-09M \$304k, Signage BP-10C \$70k, Pre-Engineered Canopy BP-10F \$200k, Operable Partitions BP-10Q \$80k, Misc Specialties BP-10Z \$525k, Food Service Equipment BP-11E \$417k, Athletic Equipment BP-11F \$50k, Window Treatments BP-12A \$56k, Elevators BP-14A \$160k, Fire Protection BP-21A \$604k, Plumbing BP-22A \$2,380k, Mechanical BP-23A \$4,141k, HVAC Test and Balance BP-23B \$46k, HVAC Controls BP-23C \$641k, Plumbing/Mechanical Combination BP-23D \$6,521k, Electrical and Fire Alarm BP-26A \$3,494k, Telecommunications BP-27A \$265k, Intercom and Sound BP-27B \$147k, Security and Access Control BP-28B \$193k, Sitework & Utilities BP-31E \$7,621k, Paving BP-32A \$950k, Site Paving, Sitework & Utilities Combo BP-32B \$8,571k, Concrete Retaining Walls BP-32C \$2,055k, Site Concrete BP-32E \$300k, Fencing BP-32F \$576k, Landscaping & Site Amenities BP-32O \$1,332k, Misc. Sitework—Utilities BP-32Z \$1,165k

### IN THE MATTER OF THE ADOPTION OF L.W.J, a minor male child.

TO: KYLE TODD HOLT  
TAKE NOTICE that a Petition for Adoption was filed on 11/20/2019 with the Clerk of Superior Court for Wake County, Raleigh, NC, in the above-entitled special proceeding.

The Petition relates to a male child born on December 22, 2009 in Johnston County, North Carolina.

The birth mother's name was Amanda Leigh Johnson, now deceased. T

AKE NOTICE that you are required to file a response to the petition within forty (40) days after the date of the first publication of this notice, on or before 9/28/2022 in order to participate in and receive further notice of this proceeding.

IN THE EVENT YOU FAIL TO RESPOND, THE CLERK OF SUPERIOR COURT WILL ENTER AN ORDER ALLOWING THE ADOPTION TO PROCEED WITHOUT YOUR CONSENT. Any parental rights that you may have will be terminated upon the entry of the decree of adoption.

This, the 18th day of August, 2022.

Katherine S. Moyer  
JusticeMatters, Inc.  
Attorney for Plaintiff  
P.O. Box 58058  
Raleigh, NC, 27658  
919/794-7511, Ext. 9.  
8/18, 8/25, 9/1, 2022

## CAR LIENS

NORTH CAROLINA  
NASH COUNTY  
**In The General Court Of Justice District Court Division—Small Claims File No. 22CVM1405 COMPLAINT TO ENFORCE POSSESSORY LIEN ON MOTOR VEHICLE**

CJ's Auto  
c/o PO Box 48662 Raleigh, NC 27620  
4311 layola Avenue Rocky Mount, NC 27804

vs.  
Unknown Owner,

TO: Unknown Owner  
TAKE NOTICE the petitioner has filed with the clerk a petition in proper form indicating that the petitioner has a valid lien against a 1996 Dodge, ID No. 2B6HB21Y9TK190000, and that the petitioner shall have the right to sell to the highest bidder the motor vehicle listed on xxxxxx at the Nashville Courthouse, at 8:30 a.m. You are required to make a defense to such pleading before such date and time.

This the 4th day of August, 2022.  
Gabriel Rivera  
C.J. White  
4311 layola Avenue  
Rocky Mount, NC 27804  
8/4,11,18/22

## REQUEST FOR PROPOSALS FOR ESTEY HALL HVAC REPLACEMENT PROJECT

Shaw University is seeking proposals from qualified firms to provide services and equipment for the replacement of HVAC units at Estey Hall, located on the campus of Shaw University in Raleigh, NC.

Firms that are interested in providing the requested equipment and services to Shaw University are invited to review the RFP and submit a Proposal Form, in electronic form only.

Please find the RFP and the Proposal Form on our website at <https://www.shawu.edu/real-estate-strategic-development/rfp/>.

Each firm is solely responsible for the timely delivery of its Proposal Form. All Proposal Forms must be delivered by 3:00 pm local time on August 17th, 2022. No Proposal Forms will be accepted after this deadline. Firms accept all risk of late delivery regardless of fault.

Shaw University reserves the right to accept or reject any and/or all submittals, to waive informalities, and to award the contract as deemed in the best interest of the project or the University.

## D/M/WBE

### SUBCONTRACTORS/SUPPLIERS WANTED

T.A. Loving Company (NC General Contractor License No. 325) is seeking certified DBE, MBE, and WBE subcontractors and suppliers for the **Sam's Branch Water Reclamation Facility** project for the **Town of Clayton** which bids **September 1, 2022, at 2:00 PM**. Plans and specifications for this project are available at the following locations: TA Loving Company, 400 Patetown Road, Goldsboro, NC 27530 \* Gannett Fleming, Inc.; One Glenwood Avenue, Suite 900; Raleigh, NC 27603 \* ConstructConnect website.

Potential subcontracting opportunities include but are not limited to surveying, demolition, asphalt paving, earthwork, erosion control, trenching, curb and gutter, linework, seeding, sodding, masonry, roofing, HVAC, thermal insulation, flatwork, CIPC, concrete forms, resteel, grout, structural steel, steel deck, miscellaneous metals, waterproofing, sheet metal flashing, joint sealants, door hardware, metal doors, wood doors, overhead coiling doors, glazing, louvers, gypsum board assemblies, tiling, acoustical ceilings, flooring, painting and coating, signage, plumbing, electrical, communications, fire detection and alarms, process piping, and cranes and hoists. Please contact **Tyler Sutton** ([tsutton@taloving.com](mailto:tsutton@taloving.com)) if you are interested in submitting a proposal on any portion(s) of this project. Contact via phone 919-734-8400; fax 919-736-2148; or email. All quotations will be accepted up to bid closing time on bid date. TA Loving Company is an Equal Opportunity/Affirmative Action Employer.

Please advise if assistance is needed with obtaining necessary equipment, supplies, materials, or insurance/bonding to satisfy the work requirements. We are willing to accept quotations on all or partial quantities and items of work. We can offer 2-party check payments and quick payment agreements, but the agreements need to be negotiated prior to bid date.

## Answers

### Solution time: 24 mins.

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